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# Statesman

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## American Indian Studies:

### Tenured position means changes

Nicole Cina  
Staff Writer

If you've taken a course in American Indian Studies at UMD in the past six years, chances are you've had Carl Gawboy as an instructor. Due to the very recent addition of a tenured position in American Indian Studies, after this year Gawboy will probably not be teaching at UMD.

Larry P. Aitken, head of American Indian Studies, asked the university and the American Indian Advisory Board for a tenured position and was granted one. Previously the department has had a series of non-tenured, or temporary, teaching positions.

The addition of a tenured position resulted in making the temporary position occupied by Gawboy a permanent, tenured one. This meant that Gawboy would have to put his application in with the rest in the required national search.

The national search was conducted as "Ph.D. preferred," meaning those applicants Gawboy to 8A



Go Giants!

Photo • Curt Carlson

UMD students cheer on the New York Giants during the first quarter of the Super Bowl last Sunday. From left to right, Brian Distel (soph), John Griffin (sr) and Ed Coshman (soph) enjoyed the game in the backyard of their Capehart apartment.

## Dependent relationships are often destructive

Ada Fourie  
Staff Writer

(This is the last of a five-part series on various forms of addiction and their effects on people's lives.)

The largest group, by far, of people who are adversely affected by addiction, are not hooked on a substance themselves.

Rather, they are the silent bystanders: victims of the codependent cycle perpetuated by a family member, friend or loved one addicted to a harmful substance.

Although such bystanders don't partake of the addictive substance themselves, they are drawn into a vicious cycle of unhealthy social behavior (codependency) because of their relationship to the addict.

Codependency was first identified by therapists working with alcoholics and their families. Therapists noted that in these families, the alcoholic was not the only

person exhibiting symptoms of dependency; the family members did as well.

Husbands, wives and siblings often allow the alcoholic's behavior to



determine their feelings and behavior. Always accommodating the addict to avoid conflict or confrontation, they suppress their own feelings and cease being their own persons.

Relationships to 3A

## Clinic adds new nurses

Amy J. Carroll  
Staff Writer

Four new nurses have been hired this year by the Student Health Clinic with plans to better serve the students of UMD.

The first of the newly hired nurses is Barb Erickson, who started working September 1, 1986.

Raised in Illinois, she moved to Duluth with her husband and three children March 1, 1986, when her husband became pastor at Elim Lutheran Church.

Erickson got her nursing diploma at Moline Lutheran Hospital School of Nursing and has worked in clinics and hospitals, most recently in Little Falls, Minn. as nursing supervisor in the emergency room, before coming to UMD.

Becoming a nurse grew out of her interest in math and science. When she was in school, she said, there were not as many options open to women so nursing was a logical outlet.

In nursing, Erickson said she "likes it all" -- getting to know people, seeing the progress people make. At the Student Health Clinic she likes how there is time allowed for the nurse to treat the whole person, not just time to give a physical. She also likes the team approach at the clinic, which is not like a hospital.

She admitted she was surprised at how complete the clinic is and how well it can manage almost any situation. But most importantly, she feels it is important to teach students how to care for themselves when they are on their own.

As far as the future goes, Erickson, who works part-time only, said she'd like to stay here at UMD. After having done so many things, she would like to stay here.

The next new nurse is Karen Suess, who was hired at the clinic August 18, 1986.

Also raised in Illinois, she worked as a nurse's aide after high school, became a

Registered Nurse, and eventually got her master's degree at the University of Minnesota-Twin Cities.

Most recently Suess taught adult health at the University of Wisconsin-Eau Claire and then at the College of St. Scholastica, but decided she wanted to get back into practice.

Health education is her favorite part of nursing. Helping people to help themselves is a role she seems to enjoy.

At the Student Health Clinic, she enjoys the college-age students. "It's a good age group because of their eagerness to learn and their ability to use the knowledge you give them," she said.

She feels the Student Health Clinic is growing in trying to meet the needs of the students at UMD. To make informed choices about lifestyles and caring for themselves is important. Many college students are out on

Nurses to 2A

### INSIDE A

Wellness -- the way of the '80s.

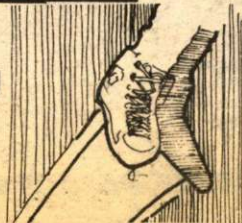
Health • 8A



### INSIDE B

Bulldog men's hoopsters looking to build on NIC lead.

Sports • 1B



### INSIDE C

Addicted to Style looks at men's haircuts

A & E • 3C







## The Stomping Grounds

Timothy Louis Franklin

"No one is to blame...but then again?"

"I'm ashamed to call it a library." This is the exact wording Mike Jaros, DFL representative from District 7B, used in referring to UMD's own library. I'm sorry to say I am also of this opinion. There are many facts that back me up.

First, there are not enough hours in which the library is available to the student. The main reason I hear for this is "a lack of monetary resources." This will always be a problem if you have people down in the Twin Cities lobbying for multi-million dollar sports complexes instead of focusing on funding for educational purposes. It's also very odd to have the Kirby Games Room open seven hours longer on the weekends than the library. The library is currently open 1-5 p.m.

Saturdays and 1-11 p.m. on Sundays. Are we here to play games or get an education?

One must consider that some students must work all weekend nights to pay for their education, leaving the weekends open for studying. These individuals have no place to go. Furthermore, the library staff must be aware that everyone does not party on the weekends. This should be the first concern addressed and it would also be the cheapest.

Secondly, the library is lacking in new material. Many times I have gone to the library in search of reference material only to find outdated books or no material at all. To do effective research, you need to have up-to-date material to back up your points or you will have a report which won't be

pertinent to anyone. The library is a disgrace to UMD which is overlooked by the administration, faculty, and the students. I'm sorry to say this will also continue in the future. The central administration has assured UMD of an 8 percent increase for library acquisitions for this coming year, while the price of books and periodicals has been rising at a 10-15 percent increase per year for the past decade. I'm not a math major but I think that figures out to be a promised decrease for our library. Is something wrong?

Finally there needs to be some kind of expansion in the library in the near future. It seems that every time I go to the library every couch and chair is full of students sleeping or studying. This lack of study space will not improve.

In a Dec. 16 letter to the Student Association, Library Director Donald Pearce stated, "I know that students already feel that there is insufficient study space, so a new conflict of interest is going to arise, and I should make it clear now that in this conflict

of interest my priority is with stacks and resources, NOT MERE STUDY space."

Where are the students to go to study if we have an attitude such as this shown by the library director? In this same letter, he said that the library was used too much as a socializing area.

Today I walked through the library to do a little survey. I only noticed two out of the first 50 people I saw talking to each other. Perhaps Mr. Pearce should focus on a majority of students at UMD instead of a few individuals who are talking. I'm not asking for the best library, but just parity with other universities our size.

P.S. I want to thank all of you who called me this weekend to enlighten me with many colorful metaphors. You truly showed your true colors.

Franklin is a junior political science/economics major from Austin, MN.

## Nurses from 1A

their own for the first time and need to know what's available to them.

Suess is the only new nurse who works full-time at the clinic. Although her future in nursing isn't certain, she said it could offer educational opportunities.

The third of the new nurses is Laura Foerst, who started in September 1986.

She has lived in Duluth for four years with her husband and two children. She previously worked at the Fond du Lac Clinic on the range and at the Duluth Community Health Center as the health director.

Originally from Oregon, she went to graduate school at Yale to become a nurse practitioner.

She started college planning to go into social work and counseling but changed to nursing. She wanted a career she could feel good about and take anywhere, even overseas.

Nursing offers direct, one-



Photo • Curt Carlson  
New Student Health Clinic nurses Barb Erickson, Karen Suess, Laura Foerst and Barb Straight.

on-one dealing with people, something Foerst enjoys. She also likes acting as teacher to the students she encounters at the Student Health Clinic.

While none of the nurses have specialty fields, Foerst does much of the gynecological and women's health issues and

teaches many women on campus about themselves.

Foerst said she's impressed with the wellness programs, including the Mini Apple. She said it's important for people on their own, like college students, to learn how to properly take care of

themselves.

For her, the Student Health Clinic is a stepping stone. She said she'd like to work in a primary care situation, but working part-time at the clinic is a good place to be for right now.

The final new nurse, Barb Straight, started only last week at the health clinic.

Straight and her husband, a nurse practitioner, moved to Duluth with their two sons this summer when her husband got a job at the Federal Prison Camp.

Previously, she had worked in hospitals and clinics in South Dakota and Minnesota, most recently in Rochester, Minn.

She got into nursing at the beginning of the Vietnam War, when civil rights, awareness of social concerns, the VISTA program, and the like were largely affecting the way, people thought.

She needed a career where she could take care of herself if she had to, yet wanted flexibility that was not available before the women's liberation movement. Her mother was a nurse and she had been a candy stripper, and the field interested her.

What she likes best about nursing is that it's a constant

learning process. She said, "Nursing school is like an apprenticeship, but the actual learning is on the job."

At the health clinic she especially likes the wellness programs. Wellness doesn't have to be big things, just learning about your own body being healthy and seeking help early. The Health Fair is a good educational outlet, she said.

As the newcomer to the clinic, she liked the comfort and familiarity of the clinic and the interpersonal relationships in the work place.



All these women work together in the clinic to serve the health needs of the UMD community. One similarity among them is their desire to help others and educate students in their health concerns.

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Opinions expressed in the STATESMAN are not necessarily those of the student body, faculty or the University of Minnesota.

Letters to the editor and guest essays provide a forum for readers. Letters must be typed, double-spaced and be signed with the author's name, year in school, major, and phone number for verification purposes. Non-students should include other identifying information, such as occupation or residency. Anonymous and form letters will not be published. Letters must not exceed 300 words and must be received no later than Monday at 4 p.m. for Thursday publication. The STATESMAN reserves the right to edit obscene and potentially libelous material. All letters become the property of the STATESMAN and will not be returned.

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## Relationships from 1A

More recently, the term 'codependency' has also been applied outside the world of alcoholism to refer to individuals (often from addictive families) who don't know how to be themselves. Such individuals easily become involved in unhealthy social relationships with others.

As many as 95 percent of the American population suffers from varying degrees of codependency, according to leading experts in the field.

This form of addiction consists of a cluster of learned behaviors, beliefs and feelings that result in codependents neglecting themselves to the point where they have little or no self-identity.

Codependent people find it hard to be themselves. They often feel anxious, discouraged, fearful, used, depressed, tense and self-neglectful instead of feeling comfortable, calm and peaceful.

The list of symptoms found among people with codependencies is formidable. Not everyone exhibits all the characteristics, but a rundown of some symptoms provide a better picture of exactly what codependency is:

\*My good feelings about you I am stem from being liked by you

\*My mental attention is focused on pleasing and/or protecting you

\*My mental attention is focused on manipulating you to 'do it my way'

\*My self-esteem is bolstered by solving your problems

\*My own time and hobbies are put aside; instead, my time is spent sharing yours

\*My fear of your rejection or anger determines what I say/do

\*My social circle diminishes as I involve myself with you

\*I value your opinion and way of doing things more than my own

\*I use giving as a way of feeling safe in our relationship

According to Dr. Sondra Smalley, director of the Dependencies Institute of Minnesota, one needs to distinguish between a healthy responsibility to oneself and others, and the deviant sense of responsibility for oneself and others.

"People who are responsible to themselves and others tend to be legitimately concerned with relating to others, caring, being compassionate, and being 'okay' to themselves and others," she said at a relationship workshop at UMD recently.

"People who feel responsible for others, on the other hand, tend to be concerned with answers, solutions, details, being right, and performance," Smalley said.

**"There is an underlying thread that ties together all co-dependent families; a set of unspoken, unwritten rules that everybody religiously adheres to."**

As a parent, the codependent's sense of responsibility is overwhelming. The preoccupation with being the caretaker for everyone else makes mutual respect impossible in the family.

The codependent parent's extreme sense of responsibility for others cancels out the individuality of family members and robs them of opportunities to learn, discover and take care of themselves.

Smalley said.

Depression and stress-related illnesses are common consequences of such behavior. Codependents constantly monitor and judge themselves in an attempt to have absolute control over how they are perceived.

Another stressful factor of codependency is that it prevents people from having intimate relationships. Codependents may believe they have a lot of friends, but people rarely get to know them because they are not open to be known as they really are.

Suzanne's struggle to make friends is a case in point. When alcoholism drove her parents apart, Suzanne (then six years old) felt responsible for the marriage failure.

She responded to her feelings of guilt and failure by withdrawing from others.

"I lived inside my head most of the time where I created a fantasy world of my own," she said.

An as adult, Suzanne found it impossible to form close friendships with other people.

"I was so overwhelmed by the sense of being unworthy and powerless that I was afraid of what other people may think of me," she said. "I always wanted outside validation, but I was too afraid that if people got close enough, they wouldn't like me."

The major symptom of codependency -- self-neglect -- can lead to disastrous results. Severely self-neglectful persons may refuse to go to a doctor when they need to. They don't spend money on themselves; they even give up close friends, hobbies and opportunities that would make them happy.

Codependency patterns are usually established in childhood. Often, one or both of the victim's parents had a chronic problem that became the family's primary focus and monopolized its energy.

The problem can be as varied as a father's addiction to alcohol or a mother's need to strive for perfection in her children. Often all the family's

energy may go into preserving a perfect family image at the cost of sacrificing individual development and needs.

Children who grow up in such a situation become adults who are unable to be self-reflective. Having no clear understanding of their own feelings, needs or wants, they are unable to choose for themselves the things they really want. They end up feeling victimized or playing the martyr.

In Suzanne's case, her lack of self-understanding complicated her search for normal boundaries.

**"I was so overwhelmed by the sense of being unworthy and powerless that I was afraid of what other people may think of me."**

**—Suzanne**

"I had no clue what normal boundaries were," she said. "I would wait for others to tell me when I overstepped my boundaries, and then I'd get defensive when they did."

Suzanne finally turned to support groups on campus such as RISE and Adult Daughters of Alcoholics, where she has been learning more about normal boundaries.

There is an underlying thread that ties together all codependent families: a set of unspoken, unwritten rules that everybody religiously adheres to.

Some examples of these rules include: 'never complain or talk about negative feelings' and 'don't talk to people outside the family about the problems' (that would be disloyal). Rules such as these keep people locked into their codependent roles.

A final form of addictive social behavior often found on college campuses is addictive relationships.

Instead of allowing another to be caring enough to let them grow (even if it is away from oneself) and of maintaining separate identities, an addictive relationship deviates sharply from the norm.

Persons in such relationships feel they need the object of their affections to feel whole, and therefore can't let go.

They may be demanding, manipulative (giving is done to get), and grow little as individuals, because all their energy goes into the addictive relationship.

One of the biggest obstacles in fighting this form of dependency is the fact that it is cultivated and supported not only in families, but also in society, according to Hommey Kanter, Director of Counseling at UMD.

"We find that much of the physical abuse that takes place in addictive relationships is tolerated because of the strong cultural message that we HAVE to have someone -- it is not socially acceptable to be alone," Kanter said.

"We are taught to believe that the security of misery is better than the misery of insecurity," Kanter said. "As a result, people tend to hang on to unhealthy or potentially harmful relationships because they cannot imagine being without someone."

"Often, people see themselves as either next to the angels or as total garbage. Such extremist observations are not accurate," Smalley said.

"Many people can see the patterns of their lives but feel stuck," Smalley said. "They can't believe that change is possible for them." Hearing about other people's success stories is helpful at this stage.

"A support group may be very helpful to help recoverers establish new goals and work toward them," Smalley said. "It can also help such people to avoid the pitfall of exchanging one form of dependency for another."

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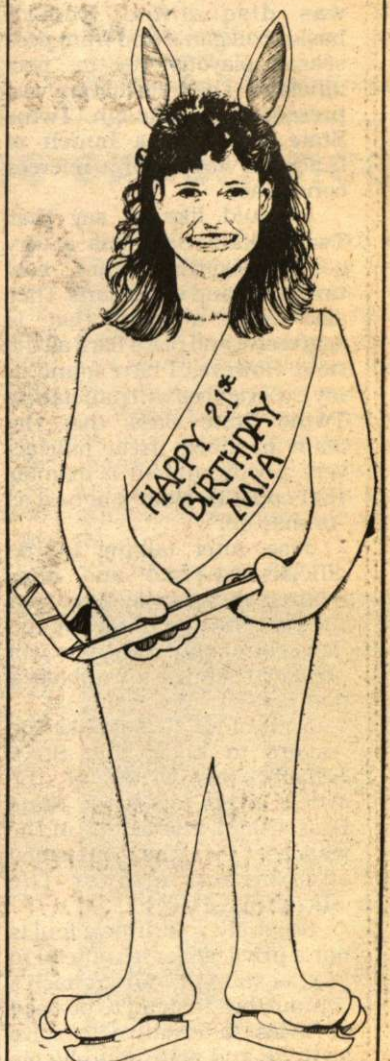
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# Editorial



Does he care?

## Keller -- out of touch with UMD

David James Fischer

**T**he University of Minnesota-Duluth is a great place. There is plenty of opportunity for not only education, but also extracurricular activity. This university needs to continue its growth by not only building expansion, but also by a continued effort to recruit qualified students.

One thing that puzzles me, however, is that it does not seem that University of Minnesota President Kenneth Keller holds these same views. He has focused on reducing the enrollment at UMD rather than endorsing an increased effort in recruiting qualified students.

Keller has said UMD's targeted number of students for next year should be 7,000. Just think of what less students at UMD would mean. Less money generated by Student Service Fees. That means a certain reduction in services available. What about the lost revenue in areas such as Food Service? Less students mean

less money generated, which in turn means both a reduction in service and an increase in the price of food. That would also bring about a need for less people and perhaps the loss of several jobs. Food Service is not the only area that would be hurt.

What about the need for faculty? Certainly with less students there would be less faculty. But here is one of the catches. Obviously most faculty would favor less students. It makes sense doesn't it? The fewer students, the smaller the classes and the easier the job. Less papers and tests to correct, fewer advisement appointments: the whole works.

But wait. With new entrance requirements, students should be better prepared and the job should become less difficult anyway. End of that argument.

Another thing that doesn't make sense -- why are we adding Engineering Buildings and updating Recreational Sports/Physical Education Buildings, pushing for additions to the Medical

School, and planning the expansion of the Kirby Student Center when we're targeting for lower enrollment.

President Keller is off the wall if he thinks the legislature is going to appropriate more money to the university with less students. The idea of somewhat tightening entrance standards is fine (although entrance standards is another topic that needs to be addressed) but targeting for lower numbers is not. If UMD can recruit 10,000 qualified students, then UMD should have an enrollment of 10,000 students. UMD needs to continue to grow. The campus has plenty of room for expansion. And the more students the University of Minnesota-Duluth has, the better the economy and the more people that are employed.

UMD should double its recruiting staff if Keller wants to make entrance requirements more difficult. UMD needs to move ahead, not retreat.

Keller is very quietly putting in place his Commitment to Focus plan.

He has changed his phrasing from projections to targeting when talking about the number of students that he has in mind at attend UMD, he has purposely avoided coming to UMD to discuss his plans for our campus, and probably by now contacted the person he wants to be chancellor of UMD, and through certain channels virtually guaranteed his 'boy' be hired.

President Keller is not using the right approach in trying to implement his plans for Commitment to Focus at UMD. He should not try and hide, if you will, from the questions that arise from Commitment to Focus. The questions should be addressed, in person, and with student involvement.

It is the students that the university is here to serve, isn't it? Or did they somehow get lost in the "Commitment to Focus?"

**Fischer is a senior Communications/English major from Cottage Grove, MN, and Managing Editor of the STATESMAN.**

## Letters to the Editor

### Self-restraint & control

Dear Editor,

I would like to address a response to Steve Schach's "Fireside Chat" column on the Rec Sports page in the Jan. 15 edition of the STATESMAN.

After reading your last article in the Jan. 15 STATESMAN, I found many inconsistencies between your version of what happened and what actually took place in a game which Twine State Bass was disqualified from a basketball game and from post season playoffs due to "pool officials." The information was presented as though Twine State Bass are a bunch of innocent victims of a referees conspiracy.

I would like to say that Twine State Bass has a very good basketball team, cool uniforms, and super fans. They also have a team that is aggressive and plays hard all the time. However, I have found in my experiences with officiating Twine State Bass, that the team members treat officials very poorly and in a manner that could be labeled at best as "immature."

Also, after talking to the officials involved and after reading your article, I feel that the readers should receive the facts from somebody who will present them in an unbiased manner.

First of all, I would like the readers to know that Steve Schach, the writer of the article, plays for Twine State Bass. Could this be one of the reasons for the one-sided complaints against the officiating?

Secondly, a technical foul is not a privilege for an official to use, as stated in Mr. Schach's column, but instead to be used as a last alternative to solve attitude and control problems or flagrant violations of the

rules. With this in mind, I would like people to know why Twine State Bass received their four technical fouls.

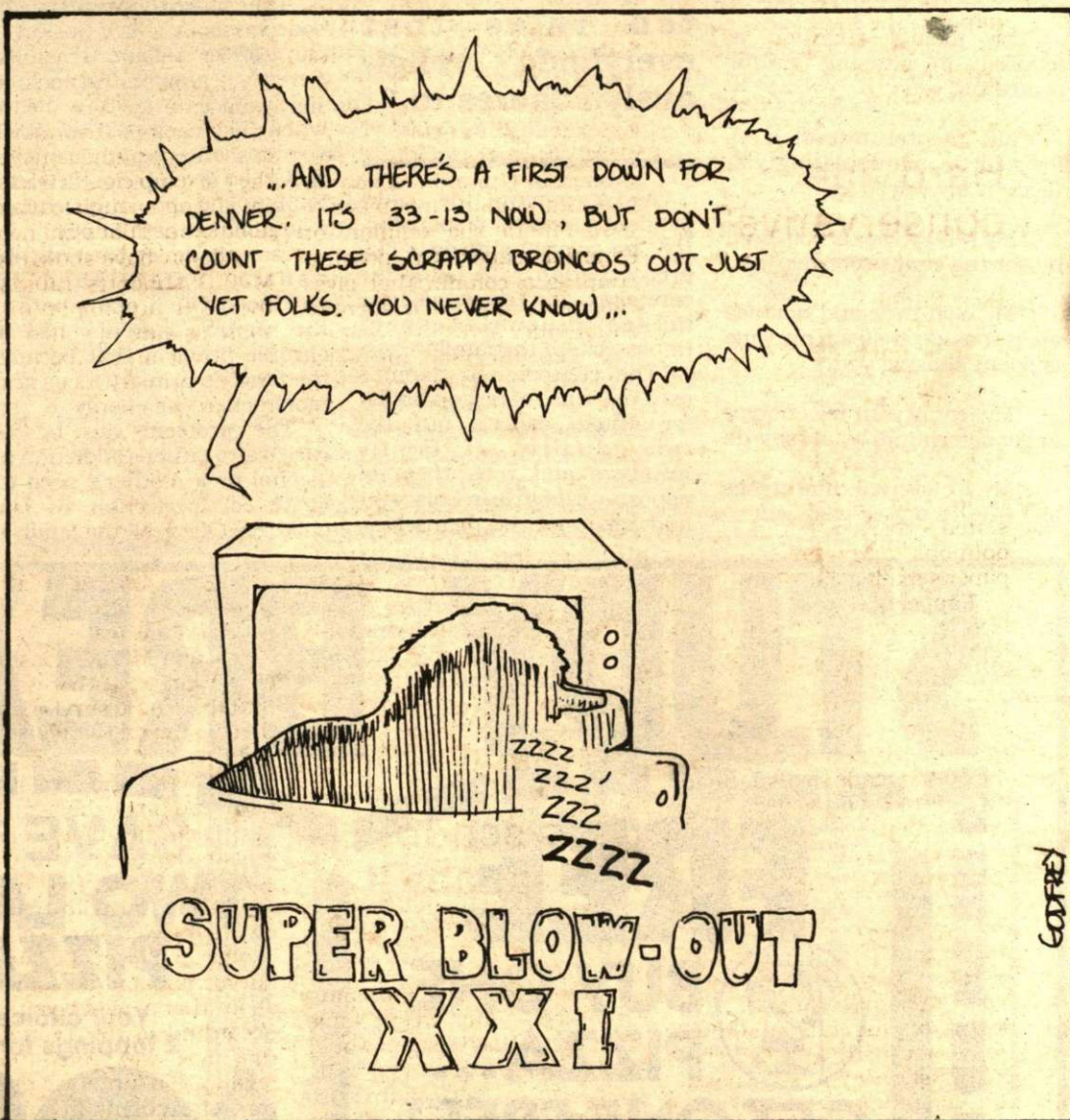
The first technical foul was given out because of an illegal substitution that occurred while the ball was still in play. According to the rules substitutions must occur while there is a dead ball or a time out. The remaining three technicals were delivered to the Twine State team for profanity used and directed at the officials to their faces. Schach's column had stated that a teammate received the fourth technical for saying "No way!" to a call made by an official. Perhaps it was a simple mistake by Mr. Schach that any miscellaneous profanity used together with "no way" was deleted from his article, or was it a strange coincidence?

How many of our UMD students would take that from any player if they were in the official's position and had already given two previous technical fouls to the same team for the same sort of language being used directly at them? I would bet my last dollar that the number would be very low.

In regard to the final paragraph of Schach's article dealing with "How the officials blew the season," I would once again bet that the readers of this editorial will agree with me when I say, "The officials did not blow your season; you did it all by yourselves." If your team would have had just a little bit of self-restraint and control over your actions, you wouldn't have received your technicals and been ousted from the playoffs.

Officiating is not an easy job and it becomes even harder when one must officiate friends and fellow classmates. It becomes even harder when the teams involved get out of hand.

In closing, I would like to say that it is too bad that a talented



team like Twine State Bass ended up bowing out of the playoffs in such a manner. I would also like to wish you luck in your remaining games.

**Perry Rogatzke**  
Basketball representative  
to the UMD Officials Assoc.  
UMD Rec Sports Official  
Sophomore, CLA

### Poor sportsmanship

An open letter to  
Steve Schach:

You're right. The Turfmen

vs. Twine State Bass game was an intramural director's dream. It was also an official's nightmare. The crowd, the intensity and the pressure make it a difficult game to officiate. I had actually looked forward to officiating a game of such caliber and even I didn't think it would get that out of hand. But it did. This is not an apology to either team nor is it an excuse, let's just say it's a less biased view of what really happened.

You were right on a second point, also. MOST teams have learned their lesson after two technicals. Twine State didn't, and they decided to press the issue. The first technical was

an illegal substitution; that I can deal with, but to take three more technicals for directing profanity toward an official is a little too much. UMD's intramural program has no place for that.

But that's not the main point. You forgot to mention a few little things, the first being who the captain of Twine State Bass was. Come to think of it, I think that was your title. You also forgot to mention that it was your job to keep your team members in control, and it was only your right to question the officials. You did neither of those.

Letters to 5A



# Opinion

## Letters from 4A

Another thing I remember, something you also left out, was the fact that Twine State trailed through the majority of the game. And my experience dealing with teams of your caliber that find themselves behind resort to one thing: poor sportsmanship. POOR SPORTSMANSHIP, not a pretty word, but one that described Twine State's play through most of the game. You see Steve, UMD intramurals have no place for that either.

As far as blowing the game or the season, your team's players accomplished that feat without any help from the officials. Players earn their technicals just like they earn their points, they work for them.

And finally, I question how you rated the officials in your article. I've seen these people officiate and I agree they are good, but what did you base your judgement on? Could it be a safe assumption that they judged past Twine State victories? I hope that is not how you made your judgement. If not, why don't you compliment the rest of the basketball officiating corps, I'm sure they would like to see their name in the paper, too.

**Larry Radloff**  
UMD Basketball Official

## Hard line conservative?

Dear Editor,

It is interesting that THE STATESMAN is willing to print an opinionated column such as "The Stomping Ground," by Timothy Franklin, without a disclaimer of any type. It is our hope that the opinions as stated there are not the opinions and beliefs of the paper's management and staff.

I appears that Mr. Franklin feels that his opinions are good hard-line Republican and/or conservative attitudes. This is surprising, we were unable to find any conservatives who agreed with even a quarter of the points made in his January 22, 1987 column. For clarification, we would like to go over those points and comment on them.

Mr. Franklin must not even feel too sure of himself. Before the second paragraph is over he feels that it is necessary to resort to name calling. He then begins his assault on MPIRG. He seems justly appalled that you must check a "NO" box if you don't support MPIRG. His being appalled would be justified if it wasn't for the fact that the negative checkoff system has been abolished and it is now a "YES/NO" option.

While he is against the "YES/NO" checkoff for MPIRG he doesn't appear to have any problems with the fact that the students have no choice but to pay THE STATESMAN portion of the service fee. The fee that is used to PAY him for his articles and feed the paper's staff every Wednesday evening. Just stop by THE STATESMAN office sometime to see your Student Service Fee at work. It should be noted that THE STATESMAN says they use advertising revenue for their dinners. If

these revenues were used more wisely maybe they could lower their service fee request.

Next Mr. Franklin turns his eye to the "Renter's Hotline." He seems to feel that it is a machine for spreading liberal propaganda, not a service for students who need help dealing with living on their own. Of the renters we talked to, the consensus of opinions was that they felt more secure knowing that they had somewhere to go for FREE legal advice about landlord problems.

We also could not find anyone other than Mr. Franklin who is against testing children's toys for safety. He then felt it was needed for him to question the mentality of those who ran the testing program. Being insulting and then apologizing is not proper journalistic form.

Acid rain was another issue addressed, not on its merit, but by Mr. Franklin's own personal criteria. He is against doing anything about acid rain due to the fact that the reports bore him. I challenge anyone to read one of the present administration's volumes on the Strategic Defense Initiative and reach a different conclusion on that report.

When Mr. Franklin comes out against Hormel strikers that is understandable. He should, however, inform his readers that his father is a manager at Hormel.

It appears that "The Stomping Ground" is here to stay, but wouldn't it be wiser to move it to the opinion or editorial page? Or possibly running a column that gives "liberals" and "Democrats" equal time?

I, Paul Stegman, am not a "liberal" or a "Democrat." It is however, personally embarrassing when someone, such as Mr. Franklin, uses as justification for his unsupported rantings my political party. With things such as this article being published it is easy to see why my party, the Republicans, are dropping in popularity.

**Paul F. Stegman**  
**Zandra A. Zwiebel**  
**Catherine S. Johnson**  
**Rose Vlergutz**

## High school newspaper

Editor,

Why print "The Stomping Grounds?" Any respectable high school newspaper would realize that a writer so grossly uninformed and immature should be confined to the personal ads. This column is an insult to the intellectual credibility of the university in general and conservatives in particular. Wake up and do everyone a favor by turning over some soil on "The Stomping Grounds."

**Brian D. Anderson**  
English, senior

## Carnival success

Dear Editor,

I think the people responsible for decorating Kirby

Student Center for Winter Carnival should be commended.

They did an excellent job and helped make the Winter Carnival atmosphere a festive one.

I know it must have taken a lot of time and effort to do the decorating they did and I hope the students not only take notice but appreciate their hard work.

**Dave Fischer**  
Senior, CLA

## Hot air bag

Dear Editor,

First of all, I would like to state that I am not a member of MPIRG.

I write in response to the January 22 edition of "The Stomping Grounds."

I am somewhat mystified by Mr. Franklin's outspoken attack on MPIRG. He first makes the point that he is a hardened conservative and is opposed to all that is liberal. Fine. He gives some examples of what the organization sets out to accomplish and then slams them with smart-ass comments.

Now let me use your words Mr. Franklin, "Stomps, what's your point?" O.K., you're a conservative; anyone who is capable of reading and has read the "Stomping Grounds" is intelligent enough to know this about you. That's old news.

All you have shown is that MPIRG supports causes that they feel are important. The same as you, in your fight for free press and I might say for free ignorance in your case.

You go on to say that 'all other student organizations support themselves through various fund-raising techniques,' in effect are you not saying that MPIRG is too lazy to go and get money the 'real way'? Perhaps you are the lazy one Mr. Franklin. I did a little research and called the Twin Cities and MPIRG does in fact raise money in other ways and that they could survive without their name on the registration form.

Oh yes, the registration form. You imply that you do not like their little box on this registration form, well, I must agree, neither do I.

Yet, Mr. Franklin, instead of practicing your forte-- bitching -- why don't you deflate your hot air bag and do something about that of which you speak. According to the Twin Cities, that box was voted on our registration form by a majority vote of students at one time. Instead of lobbying for the Stomper Fund, why don't you use more than words for a change and lobby for the removal of MPIRG's little box, if of course, you back what you write. A fan.

**Pete Von Sien**  
Mathematics, Junior

## Bush league rinks

Dear Editor,

I participate in many Rec

Sports activities and tournaments and am currently enrolled in the broomball league. The competition is great, but the ice conditions are horrendous! I can see early on in the year with warm weather conditions putting a constraint on ice making, but as of the last couple weeks with the sub-zero temperatures, there is no excuse for poor ice.

Compared to other rinks around Duluth, UMD's rinks are bush league! I played a game last week on half ice, half snow broomball rinks with a volleyball because Rec Sports had no broomballs! Come on Rec Sports, that's not broomball. Wake up and smell the coffee. Students pay money to participate in these leagues and should be provided with the adequate equipment and places to play the games. Rec Sports is too good of an organization to let these implications affect its high credibility. Hope to see some improvements in the near future.

**Scott Reid**  
Sophomore, SBE

## Kid's Day at Fair

Dear Editor,

I have but six words for "Stomper" Timothy Louis Franklin: WAKE UP AND SMELL THE COFFEE. Actually, I have more words for him, most of them of the four-letter variety, but apparently none would scare him as much as words like "liberal" or "radical" or "minority."

His Jan. 23 column took the closed-minded cake. He was bored at MPIRG's anti-nuke presentation because the film had no entertainment value or Academy Award potential. He thinks MPIRG's attempts to inform us of issues like acid rain and tenant's rights are a waste of time and certainly not worth \$2 per quarter, and that society would be better off without them.

## The ledge experience

Dear Editor,

To many this is a place to gather and socialize, to others it is a place to sit and just absorb the many different people and behaviors.

This established 30 feet slab of marble is known as the "infamous" ledge. Said one die-hard ledge, "I consider this as one of my classes. If I don't get to the ledge on a day, I feel I've missed a class."

The ledge does seem to have it all. It's heated during the winter, has a gorgeous view of the Main Street Store, as well as a seemingly endless stream of people flowing by it. The ledge is divided up into what seems to be sections; one consists of jocks and their cornees, then you have a section of social butterflys with all the latest gossip, then a section of just plain, everyday students.

You can notice each section as you walk by. The jocks have a letter jacket or some other paraphernalia having something to do with sports. The social section can be identified

Franklin and other right-wingers who badmouth MPIRG and other groups striving for social awareness had better realize that life is not Kids' Day at the Fair.

Once upon a time, colleges were filled with young people eager to question the world, form new ideas and opinions, help others less fortunate than themselves, and change things for the better. Students like this are fast becoming the minority, and now campuses are filled with mainstream sheep whose only concerns are fashion, fun, and acquiring money and possessions upon graduation.

Your Mastercards won't buy much when the Earth is poisoned with radiation. Ralph Nader said something like that. But what does he know? He's just a liberal.

I'm sorry that Franklin was bored by MPIRG's film because the plot was not sugarcoated with movie stars and special effects. And I'm sorry that he believes that the word "minority" is equivalent to the word "wrong."

Oh, and if he gets a kick out of calling liberals on the phone, my number's in the book.

**Jean M. Sramek**  
Senior, CLA, English

## Liberal propaganda

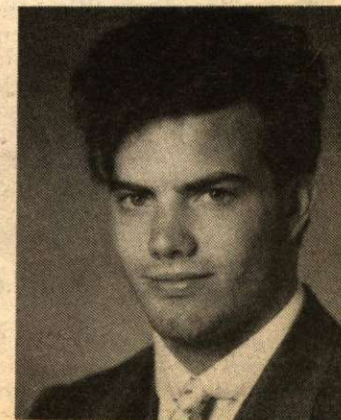
Dear Editor,

This is in response to the Jan. 22 letter from MPIRG's Steve Boorsma and Mike Zielinski.

These guys were wondering why nobody showed up for their little anti-nuke film, and cited apathy as the main reason.

It could be, though, that some of us are looking for the truth rather than some liberal propaganda that is long on emotion but very, very short on fact.

**Mike Talberg**  
Sophomore  
Economics/Political Science



**Pat "Fletch" Scanlon**  
Freshman  
St. Paul, MN.



# Campus News Notes

## College Press Service

### MORE STATES IMPOSE EMERGENCY COLLEGE FUNDING CUTS

To cope with further state college budget cuts, U. of Wyoming officials say they might cut the number of degree programs and lay off some teachers.

New Mexico's Commission on Higher Education, meanwhile, slashed state campuses' \$116 million in construction requests to \$10.95 million, providing funding for only the "most urgent" maintenance projects.

Cal State's 19 campuses cut \$27.4 million and the seven U. Cal campuses have to cut \$34 million from their current budgets to help keep the state from sliding into debt.

Cal State students, in turn, may have to fork out a \$45 "emergency surcharge" to maintain current campus services.

U. Cal students also may suffer a mid-year tuition hike, but officials won't say how much it will be, and hope to delay it until next quarter.

### FEDERAL GOVERNMENT MAY START CHARGING TUITION AT FREE INDIAN COLLEGE

The Bureau of Indian Affairs says it hopes to start charging tuition at its Southwestern Indian Polytechnic Institute in Albuquerque, N.M., which currently is free.

BIA official Carl Shaw

says the \$850 per semester tuition -- more than twice the U. New Mexico's tuition -- is needed to help reduce federal education spending. Students, he adds, will appreciate their education more if they pay for it.

### PULITZER PRIZE WINNER 'CHOKES,' AND DUCKS OUT OF COMMENCEMENT ADDRESS

Prizewinning reporter Thomas Turcol initially told U. of Delaware officials he couldn't fulfill his commitment to address last week's winter commencement class because he was busy working on a story.

But Turcol later admitted "I choked. That is why I wasn't there."



### COLLEGES SHOULD GIVE FREE TUITION TO ENROLL MORE MINORITY STUDENTS

States need to award full

scholarships to attract minority students whose families are on food stamps, and should cut funding to colleges that don't enroll more black and Hispanic students by 1989, a U. of Chicago study group recommended last week.

### FERRIS STATE, OKLAHOMA AND SOUTHERN CAL SUSPEND FRATERNITIES

Ferris State in Michigan suspended Tau Kappa Epsilon after one student died and two others were injured in car wrecks after a house party.

Oklahoma and USC suspended their Sigma Alpha Epsilon chapters for alleged hazing and drinking policy violations.

But a court released two U. Virginia students on \$1,600 bond after they were charged with stealing public signs and banners as part of their pledge assignments for Delta Sigma Phi.

### NOTES FROM ALL OVER

Patients feel uncomfortable around doctors who don't wear white smocks, a recent Harvard and Cal-San Francisco study says...

...A good samaritan using a metal detector found a class ring under three feet of Fort Lauderdale sand, did some detective work, and last week returned it to former Notre Dame student Thomas McCall. McCall had lost it during a spring break vacation 31 years ago.

## Slightly Off Campus

### College Press Service

**President Martha Kime** Piper of Winthrop College in South Carolina ordered her Public Safety Dept. not to execute its usual holiday-season shooting of pigeons on the campus, directing officials to find another way to thin out the pigeon population.

**Two students, fogged in at** the Salt Lake City airport as they tried to get home for the holiday, frustratedly cashed in their plane tickets and ultimately hired a cab to drive them 550 miles home to Billings, Montana.

For their \$300 fare, U. of Utah student Butch Nolan, 18, and flight student Jason Jourdan, 19, said taking the cab home was actually cheaper than flying.

**Virginia Western and Blue Ridge Community Colleges**, both in Virginia, raised money by selling Christmas gift certificates good toward tuition and books.

**The season was especially hair-raising** at some campuses. Cedarville College in Ohio relaxed its prohibition of beards on

campus, holding a "Follicle Folly" beard-growing contest to mark the campus's 100th anniversary.

But Brigham Young U., where a facial hair prohibition remains, introduced a new portrait of bearded BYU founder Karl T. Maeser without a beard.

BYU officials explained the posthumous shave would help trim student resentment of their modern beard policy.

U. of Virginia police, meanwhile, tightened security during finals at the library, where over three weeks a mystery man snuck up on at least six women, and, as they studied or slept, snipped off locks of their hair with a pair of scissors.

**Henry's Clothing Store** in Waco, Tex., reported the biggest new fad among women of neighboring Baylor U. was hair bows.

**For Christmas, Ohio State** announced it was installing 100 new pencil sharpeners in university buildings over intercession.

On the other hand, the desk staff at Templin Hall at the U. of Kansas announced it would no longer make change for students wanting to trade pennies for quarters.

## Read the STATESMAN

# Are they live???

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# Health

## Improve your quality of existence

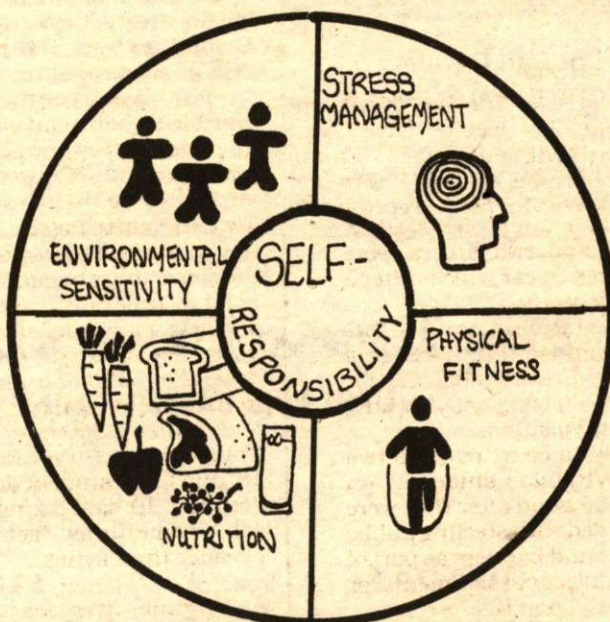
**Sue Reid**  
Staff Writer

"Wellness" is becoming one of the new 'catch all' words of the '80s. It seems that everyone is changing the name of what they are doing to wellness. This causes some confusion as to what wellness really is.

Donald B. Ardell, Ph.D., author of the well-known *High Level Wellness: An Alternative to Doctors, Drugs and Disease*, helped to kick off the wellness craze in 1977. Since its beginning, "wellness" has undergone many changes and redefinitions. Because of its dynamic nature it will most likely continue to follow this pattern.

Ardell defines wellness as a lifestyle for approaching an individual's best potential for well-being. It is more than the absence of illness or a state of being. It also means more than just being fit. Ardell's concept goes beyond prevention or health maintenance to an optimal level of well-being.

So what is all this talk about developing a wellness lifestyle and how does one go about living such a lifestyle? To quote Ardell, "Wellness does not require a practitioner to make it happen; it is not a treatment program relying on an outside agent. It is a lifestyle which only you can make happen." Wellness, then, is a personalized choice and you choose the



route that works best for you as an individual.

There are a number of different models in existence which are based on different dimensions of wellness. Ardell's model consists of nutrition awareness, physical fitness, stress management, environmental sensitivity and most importantly, self-responsibility. (See diagram)

Self-responsibility is the base on which to build a wellness lifestyle. This responsibility puts the individual in control, which cuts down on blaming, making excuses, giving up or justifying

anything less than your best. The self-responsibility component is the strongest influence for encouraging a person to stick to the other four components.

As for nutrition awareness, physical fitness and stress management, their message is pretty familiar. The Dietary Guidelines make the following recommendations for diet: eat a variety of foods to assure an adequate diet; limit intake of excess fat, salt, caffeine, cholesterol, refined sugars and flours, and highly processed foods; maintain ideal weight to decrease chances of developing

chronic disorders; if you drink alcohol, do so in moderation.

An ideal fitness program should consist of an aerobic/endurance exercise three to four times per week with an elevated heart rate for at least 20 minutes. Physical fitness is not only beneficial for getting into shape it also has a great impact on other areas of the body and life. Ardell believes that raised self-esteem, control and direction or purpose are some of the other benefits gained through exercise.

Stress management is something that seems to be easier said than done. The most important point to keep in mind when dealing with stress is that stress cannot be eliminated — it must be managed. An equally important point is that in order to manage stress one must identify or become aware of those things that cause personal stress.

There is definitely more to each component than can be dealt with here, so some research should be done into each area before it is attempted.

Environmental sensitivity is not as familiar or self-explanatory. Environmental sensitivity deals with what people are exposed to in the environment and also what influences them. For the college student, this could mean everything from choosing to

smoke or drink to being involved in a sports activity. An individual's environment becomes their support or non-support system, either encouraging a wellness lifestyle or discouraging one. It is easier and more rewarding to live in an environment that is compatible with our value and belief system. A wellness lifestyle can also be easily developed and maintained if we are in an appropriate environment.

Wellness is a way of looking at health — not just physical health, but as a balance of mind, body and spirit. Ardell thinks of wellness as positive and fun. "If this lifestyle did nothing to minimize illness or prolong life, it would be worthwhile, as it improves the quality of existence and the satisfaction of being."

Once a choice has been made to develop a wellness lifestyle it is important to take one thing at a time. A change this big does not come about immediately. A commitment to change takes a lot of thinking, planning, dedication and most of all some hard work. Good luck and enjoy a healthier way of living.

## Diet data -- how do you figure?

**1** A friend tells you she wants to lose weight quickly without endangering her health. She's decided to take vitamin pills with skim milk for several days and eat nothing. Your advice should be:

- (a) "Forget it—you can gain weight taking vitamins, too."
- (b) "Great idea! I'm glad to see you're finally looking after your health as well as your weight."
- (c) "Don't do it! You'll never get all the nutrients you need from pills."

Your friend probably will lose weight if she can stick to this boring diet, because vitamin pills don't add any weight. However, she's certainly not looking after her health, so you should have answered (c). There are nutritional factors in food that you can't get from pills—roughage, for example, and protein.

**2** You seem to gain weight just from looking at food, while your thin friend can apparently eat all she likes without putting on a pound. The only answer to this puzzle is:

- (a) Her thyroid works faster.
- (b) It's hereditary.
- (c) You actually consume more calories and get less exercise than she does.

You may not want to accept it, but (c) is almost always the answer. Only about one to five percent of obese people have a faulty metabolism; and you can't inherit fat cells. Instead of just envying her flat stomach, watch your friend eat. She may eat heartily at mealtime, but chances are she skips snacks and sweets, where the calories really add up. She also may be a lot more active than you realize, already burning off lunch while you linger over a dessert.

**3** A fat-free diet does which of the following for you:

- (a) Leaves your circulation healthy and free of cholesterol.
- (b) Dries your skin and hair.
- (c) Makes for a slim body and a clear complexion.

While too much of anything isn't good for you, banishing a basic nutrient like fat from your diet is harmful as well. Skin and hair need at least a tablespoon of fat per day as a natural, inside-out moisturizer, so (b) is the answer.

**4** You arrive home from school famished, ready to eat anything and everything in sight. But you're trying to stick to a diet, so you reach for:

- (a) One cup of natural cereal with milk.
- (b) A fried chicken leg followed by an apple.
- (c) A slice of chocolate cake, promising yourself you'll eat less at dinner.

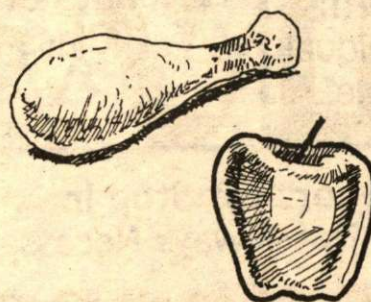
Before you crunch into the cereal you picked up at the health food store, check out its calorie count—many cereals have well over 200 calories in servings measuring less than a cup. (And that's not counting milk!) The chocolate cake measures in at almost 400 calories a slice and won't satisfy your appetite. In fact, because of the way sweets make your blood sugar level seesaw, you'll soon be hungry again, and for something sweet. Answer (b) is correct because the chicken leg and the apple together are less than 170 calories, and all that protein will keep you satisfied until dinner.

**5** After two days of following a doctor-ordered, 1,200-calorie-a-day balanced diet, you've not only not lost

weight, but you've gained almost three pounds! You reason that:

- (a) It just goes to show that balanced, low-calorie diets aren't so terrific.
- (b) You must be expecting your period.
- (c) It's a medical fact: before you lose, you temporarily gain weight.

Answer (b) is the right one. As you approach your period, it's normal to gain anywhere from three to seven pounds in water weight. So if you've begun a diet and haven't seen results, inspect the calendar before you get frustrated and give up.



**6** A reliable way of finding out if you're overweight is to:

- (a) Do the pinch test.
- (b) Compare yourself to models in magazines.
- (c) Consult an insurance weight chart.

Answer (a), the pinch test, is actually a fine method of determining whether or not you should lose a few pounds. Pinch the flesh at your waist, just below your rib cage; if there's more than an inch, it's time to reduce. Weight charts published by insurance companies generally reflect the aver-

age, not the ideal, weight of Americans. Since most Americans are overweight, this isn't a very good guide. And certainly don't waste time comparing yourself to models in magazines. Your height, body frame and personality are your own, so why try to look like someone else?

**7** You've been on a crash diet for five days and although you're losing weight, you feel moody and depressed. That's because:

- (a) Moods are often a product of eating habits.
- (b) You realize none of your clothes are going to fit anymore.
- (c) It's a coincidence; you shouldn't attribute everything to your diet.

You really are what you eat, and when you're crashing, you deprive your brain of the food it needs to operate well. Answer (a) is correct—when you go below 1,200 balanced calories a day, you'll tend to have headaches and no energy, feeling irritable and depressed.

**8** You're trying to lose weight, so you start the day with:

- (a) Unbuttered toast and juice.
- (b) Nothing, to avoid the calories.
- (c) Grapefruit, eggs and toast.

More than any other time of the day, morning is when you need the energy that protein, a carbohydrate source and vitamin C can give you, so sit down to (c). Dieters should especially stock up on breakfast because they'll have more opportunity to burn the calories of a morning meal than they will for an evening one.

This article has been reprinted with the permission of Teen Total Fitness Magazine.



## Gawboy from 1A

holding a Ph.D. or A.B.D. (All But Dissertation) would be given priority. The search attracted approximately 29 applicants, nine of which hold Ph.D.s or A.B.D.s.

One applicant, Dr. Karen NoLand, stood out among the applicants, said Tim Roufs, a professor in anthropology at UMD and head of the search committee. NoLand has a Ph.D. in American Indian Studies and Educational Psychology and was the unanimous first choice of all the search committee members, stated Roufs. Another thing in NoLand's favor is that she is an authentic Indian dancer, said Aitken.

Although considered a



Photo • Curt Carlson

American Indian Studies instructor Carl Gawboy.

leading candidate by the American Indian Studies Department, Gawboy could not have been given the job, said Roufs. The reason for this is that Gawboy holds a Master's

Degree in Fine Art. This meant that he would have been considered after those applicants holding Ph.D.s and A.B.D.s. In fact, according to

Roufs, "No way, in my opinion, could they have legally hired Carl."

The controversy surrounding NoLand's hiring is that she was the only applicant interviewed by the committee. This was because, as stated by Roufs, she was so much better qualified than any other applicant on paper. Then once she was interviewed by the search committee, the Dean of CLA, and Aitken, she was hired. While this is unusual, it is also legal as the Affirmative Action Committee in Minneapolis "OK'd" the procedure.

The American Indian Studies Department would like to retain Gawboy but has limited funds to work with. According to Judith Gillespie,

Dean of CLA, the 1987 budget was made up previous to her appointment and she has no more money to give. Aitken and the American Indian Studies Department are looking to the university for additional funds, but will also be going to private groups in the community if necessary.

NoLand will start at UMD Spring Quarter, and unless budget problems can be worked out, Gawboy will leave UMD at the end of Spring Quarter. While UMD is glad to welcome NoLand to its staff, its students and faculty will be sorry to see Gawboy leave.

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ROAD TRIP: For a complete Spring Break Party Experience, we offer the option of a chartered motor coach transportation, departing from your campus and having straight through service to Daytona Beach. A bus will have the air conditioning and wash room facilities for a comfortable ride.

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FOR FURTHER INFORMATION AND SIGN-UP:

February 27 - March 8

Tracy at 727-5326

or

Phil at 726-1072

Deposit due by  
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## RA APPLICATIONS

An RA is:

- An Administrator
- A Campus Resource
- A Peer Advisor

### QUALIFICATIONS AND REMUNERATION:

#### GENERAL:

- On campus living experience preferred
- Demonstrated maturity and leadership skills
- Ability to exercise good judgement
- Demonstrated human relations skills

#### QUALIFICATIONS:

- Completion of 50 credits as of end of Fall Quarter 1986
- 2.50 cumulative GPA as of end of Fall Quarter 1986

#### REMUNERATION:

- Apartment RA - Room and cash equivalent of board plan
- Resident Hall RA - Room and board plus \$100 per quarter.

- \* The University of Minnesota is an equal opportunity educator and employer.

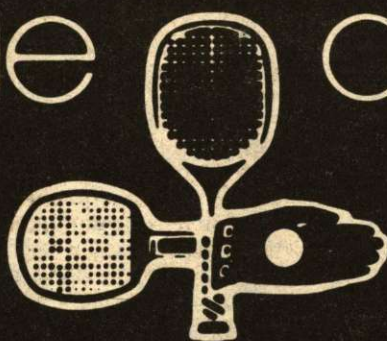


1987-88  
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RA Applications



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925 East Superior Street  
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# On Campus

## Seminars

### Women's Studies

"Visions as Hallucinations: Bessie Head (Botswana) and Julian of Norwich (England)" will be presented by Elizabeth Evasdaughter, Women's Studies Program-CEE, on Wednesday, Feb. 4, at noon in K311.

Head's Buddhist visions, like Norwich's Catholic ones, are projections of an inner drama originating in social and religious erasure of the feminine. Bring your lunch and join us for this interesting presentation.

### Healthy Eating

Adult Student Brown Bag Series: "Health Eating for Adults," presented by Ruth Setterlund, Student Health Clinic, on Tuesday, Feb. 3, at noon, in K355-357. She will discuss how we use food to cope with life's stresses and strains and how to get on the right track to healthy eating.

### Kenya

"Family, Land and Labor in Contemporary Kenya," presented by Dr. Joyce Kramer, Dept. of Social Work, on Tuesday, Feb. 17, 12-12:50 p.m., MonH 111. Dr. Kramer was one of 21 participants in a recent workshop on administrative justice held in Kenya. Her presentation will focus on issues related to kinship, children and families in Kenya. Sponsored by Child and Family Development Research Group Dept. of Child and Family Development.

### Natural Resources

Natural Resources Seminar: "Community and Distributional Ecology of Stream Caddisflies," presented by Donald Alstad, Ecology and Behavioral Biology, Univ. of MN, on Thursday, Feb. 5, at noon, 4th floor auditorium of NRRI.

### Educational Policy

Educational Policy Committee Meeting: Wednesday, Feb. 4, 3 p.m., Regents Room. Please call David Darby (7237) or Debbie Dahlgren (7104) if you are unable to attend a meeting.

### Brown Bag

The next International Brown Bag will be on Thursday, Feb. 5, when Dr. Paul Junk, will speak on Indonesia. Location: K355-357. Time: Noon.

### Physics

Physics Colloquium: "The Berry Phase in Quantum Mechanics and New Photon Interference Effects," presented by Thomas F. Jordan, Professor, Physics Dept., UMD, on Wednesday, Feb. 4, at 3 p.m. in MWAH 195

### Technology

An in-depth look at the future of technology will be presented on Tuesday, Feb. 10, at 8 p.m., in Upstairs Kirby by Gurney Williams, former editor of OMNI magazine. Williams will address the issue of technological growth, specifically, the advancement in the areas of both computers and medicine. His diverse background makes him uniquely qualified for this presentation on the future of technology.

### Arthurian Studies

UMD's Arthurian Studies and Lecture Series will continue Jan. 30 with a slide/presentation by Debra Mancoff, assistant professor at Beloit College in Wisconsin.

Her lecture is entitled "King Arthur Made a Realm and Reigned: Arthurian Imagery in the Visual Arts." The presentation will be at 3 p.m. in the Tweed Museum Lecture Gallery. The program is free and the public is invited.

### MPIRG

There will be an MPIRG meeting today at 3 p.m. in K355. Anybody interested in making the UMD campus a Nuclear Free Zone or has any local or regional concerns, please come to this meeting. We need your help.

### Computer Science

Computer Science: "Parallel Programming on The Encore Computer," presented by Max Benson, on Thursday, Feb. 12, at 3:30 p.m. in MWAH 191.

### UMD Info.

Adults interested in furthering their college education are invited to attend an information forum Jan. 29 at UMD.

The information session is set from 7-8:30 p.m. in Kirby 311.

The forum is designed for adults interested in obtaining more information about UMD, explained Karen Heikel, coordinator of adult student programs at UMD.

UMD officials will be present to answer questions in such areas as Continuing Education and Extension, admission requirements and procedures, registration, and financial aid.

"This is an opportunity for community people to come up and see what UMD has to offer that they may not know about," Heikel said.

For more information, call Heikel at 726-7985 or the Darland Information Desk, 726-8850.

### Geology

Geology Seminar: "Carbon and Nitrogen Cycles in Eastern Forests: Biological Feedbacks within Geological Constraints," presented by Dr. John Pastor, Water Division, Natural Resources Research Institute, on Thursday, Jan. 29, at 3:30 p.m. in Life Science 175.

### State of Campus

The Winter Quarter State of the Campus Meeting and Reception will be held on Thursday, Feb. 5, in Marshall Performing Arts Center at 3 p.m.

A Wine and Cheese Reception will be held in the Tweed Museum immediately following the meeting.

### Jazz

UMD's Jazz Ensemble I will present its winter concert at 8 p.m. Jan. 29 in MPAC.

Directing will be David Schmalenberger of the UMD music faculty.

Also featured will be Juz-Tettes, a vocal quartet of UMD students.

The concert will feature a variety of works including Billy Byers' arrangement of "All of Me," "Jive Samba" by Thad Jones, and "S Amith Named Greg" by Hank Levy.

The concert is free. The public is invited to attend.

### Norshor

Verdi's "Otello" starring Placido Domingo will be presented at the Norshor Theatre on Sunday, Feb. 1, at 1 p.m. and 7 p.m. Champagne reception at the evening show. Tickets are \$10 if purchased in advance, \$12.50 at the door. Student discounts are available for the matinee performance. Ticket outlets are The Snow Goose, Kelly's, Duluth Camera Exchange I, II, III, Johnny's Music Stores, Magnuson Pharmacy, Kirby Ticket Office and Student Activities Office at CSS.

Proceeds from the showings will go to the scholarship fund of the American Association of University Women. Your support is appreciated.

## Outdoors

### Education

Outdoor Education Concentration students - There will be a one-hour informational meeting Thursday, Feb. 5, 3-4 p.m. in K355. For more information, contact Ken Gilbertson at 726-7169.

### Career Day

The UMD Outdoor Program is sponsoring Outdoor Career Day Thursday, Feb. 5 from 9 a.m. to 4 p.m. Agencies representing various careers in the Outdoors will be represented. The event will be held in the Kirby Lounge. For more information, contact Ken Gilbertson at 726-7169.

### Naturalist

UMD Outdoor Program presents Saturday Naturalist Program, Jan. 31, from 10 a.m. to noon. The topic will be "Snow & Survival: The Thriving in Minnesota Winter." Join Naturalist Tom Diener to explore the ways animals use snow to not only survive, but thrive in the winter. A two-hour outside activity for all ages and abilities.

Meet at the Outdoor Program office in Kirby Student Center. Dress for the day's weather. FREE. For more information, call Tom Diener at 726-7169.

### Winter Walk

UMD Outdoor Program presents Winter Walk series. On Monday, Feb. 2, the topic will be "Groundhogs and Hibernation." Learn about the folklore and physiology of hibernating groundhogs.

On Thursday, Feb. 5, the topic will be "Story in a Track." Learn to piece together a track puzzle and get the whole "picture."

Meet at the Outdoor Program Office in Kirby Student Center dressed for the weather. Noon - 1 p.m. FREE. For more information, call Tom Diener at 726-7169.

### Slide Show

Trans-Siberia and the Southern Soviet Republics, a slide show, will be presented by Glenn Maxham, Wednesday, Feb. 11 at noon. The program will be held in the Rafters. For more information, contact the Outdoor Program office at 726-7169.

## Miscellaneous

### Zoo Attendant

Internship - Available to male or female student interested in being a zoo attendant 9-11 hours a week. Contact Jan Anderson at Parks and Recreation, 723-3620, for more information.

### Nelson-Denny

Attention Secondary Education Majors: Nelson-Denny Reading Test

Students who have TAKEN, but NOT PASSED, the Nelson-Denny Reading Test MUST take the test before the end of Winter Quarter, 1987. This test will no longer be used after that. Students expecting to be admitted for Fall Quarter, 1987, will have to take a general achievement test and perform at a required level in reading, verbal reasoning, mathematical reasoning and writing.

Last test date for Nelson-Denny Reading Test: TUESDAY, FEB. 17, 3 p.m., 234 BohH.

Students who miss this last chance to re-take the Nelson-Denny Testing will have to meet the new general achievement testing standards.

## College Writing

If you have not already completed English 1110 College Writing (or the equivalent) and if you are not enrolled in the course this quarter (Winter 1987) you will need to complete English 1110 by either the end of Spring 1987 or Fall 1987, depending on your current class. If this announcement applies to you and you have not received a letter from your college office, contact your college or the Composition Office (Boh. 209, 726-8131) immediately. Failure to complete English 1110 by the proper deadline may cause you to be ineligible to enroll in subsequent quarters.

## Course Changes

Mathematics and Statistics Course Changes or Additions:

Math 1110-92, 746008, 1500-1550, MTWThF, Cina 308; Math 1115-92R, 546009, 1600-1650, MTWThF, LSci 170; Math 1210-92R, 946007, 1500-1550, MWF, Chem 251; Math 3298-6, 246005, 1000-1050, MTWThF, MG 302; Math 3441, 734215, 0800-0850, MTWThF, Cina 102; Math 5390, 240205, 1200-1250, MWF, LSci 185.

Dropped Courses:

Math 1296-7, 545197, 1500-1550, MTWThF; Math 1296-8, 345198, 1600-1650, MTWThF; Math 1297-5, 533874, 1500-1550, MTWThF.

## Poster Exhibit

Third Annual Sigma XI Poster Exhibit will be held Feb. 2-6, in the atrium of the UMD School of Medicine.

## Secondary Education

Secondary Education: Students who were not admitted to EdSe 3200 & 3501 for Spring Quarter, 1987 because of the enrollment limitation may consider some alternatives:

\*Arrange for the 45 hours of participation in a school outside the Duluth placement area during Winter Quarter, 1987, final exam week and spring break week.

\*Structured summer school programs run by public schools for secondary students that closely approximate regular classrooms.

Both of these options require prior approval by the Instructional Science Dept.

## Internships

Honeywell Defense Systems - Newly received Accounting and Engineering summer internships. These internships are available to students who have completed their second year of college, and pursuing a career in Engineering, Physics or Computer Science and also Accounting. Stop in at Counseling, Career Development and Placement, 255 DAdB for more information on these excellent internships which could lead to career opportunities. See Karin A.

## Advisor Change

Henry Banks has been appointed, on an interim basis, as a Peer Black Student Advisor. He will replace Catherine Maddox, who has left the university, for the remainder of the academic year.

Bank's office hours are 8-11 and 1-2 Mondays, Wednesdays and Fridays and 8-12 Tuesdays and Thursdays in Lib. 119, telephone 726-6187.

He will advise black students on academic and personal concerns, serve as an advocate for black students, coordinate special programs and assist with recruiting. Banks also is available to all faculty and staff to provide information and advice.



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## \*\*\*\*\*Film of the Week\*\*\*\*\*

# Harold and Maude

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A wealthy, death-obsessed teenager who stages phony suicides, falls in love with a free-spirited, lively octogenarian in one of the most hilarious films ever made. Cat Stevens' music captures the film's tone perfectly.

**7 & 9:30 p.m.**

**in BohH 90**

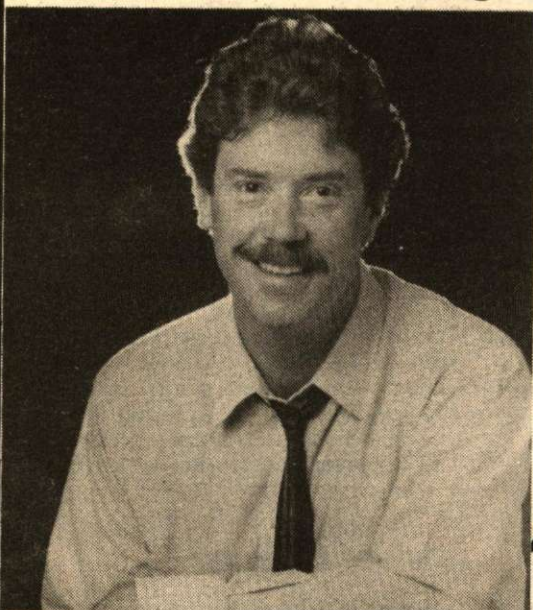
**Jan. 30 & Feb. 1**

**Admission: \$1.50**

## TONIGHT...

*Red Gallagher*

is a popular night club artist who has performed in the Midwest. He has released the single "A Tale of Twin Cities." Red has opened for The Oakridge Boys, B.B. King and Mary Travers.



**Jan. 29th  
7:00 p.m.  
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FREE  
ADMISSION**



This internationally acclaimed pop harpist and singer, has played Bach to rock to jazz in Tokyo, Hong Kong, Bangkok and Manila, and has appeared more than 20 times at the White House.

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Upstairs Kirby - Admission Free**

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**Sport Special**

What a guy 2B  
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# Sports

**B**

## Struggling 'Dogs host C.C.

**Brad Haynes**  
Staff Writer

This weekend will pit dog against cat as the Colorado College Tigers arrive in Duluth

### ICE HOCKEY

today to face the UMD Bulldogs in a WCHA series of Division I hockey.

The Bulldogs will try to regroup and break a four-game losing streak while having a 2-6 record in the new year. The sixth place Bulldogs have a 10-16-1 WCHA record coming off a home series, where the Denver Pioneers swept them.

Colorado College swept the Bulldogs in Colorado in the fourth week of the season to send the 'Dogs to the doghouse with a 1-6-1 record. The Tigers took a 6-5 overtime win Friday, after shelling UMD goalie Mike Cortes with 53 shots on net.

Saturday night was C.C.'s Gord Whitaker's night as he led the Tigers to a 6-4 win with four goals in a penalty-ridden game.

The Tigers now lead the all-time series with UMD by those two games at 43-41-1. The Tigers are currently in seventh place in the WCHA with an 8-18-1 record. Since the new year they have also posted a 2-6 record.

Struggling to 2B

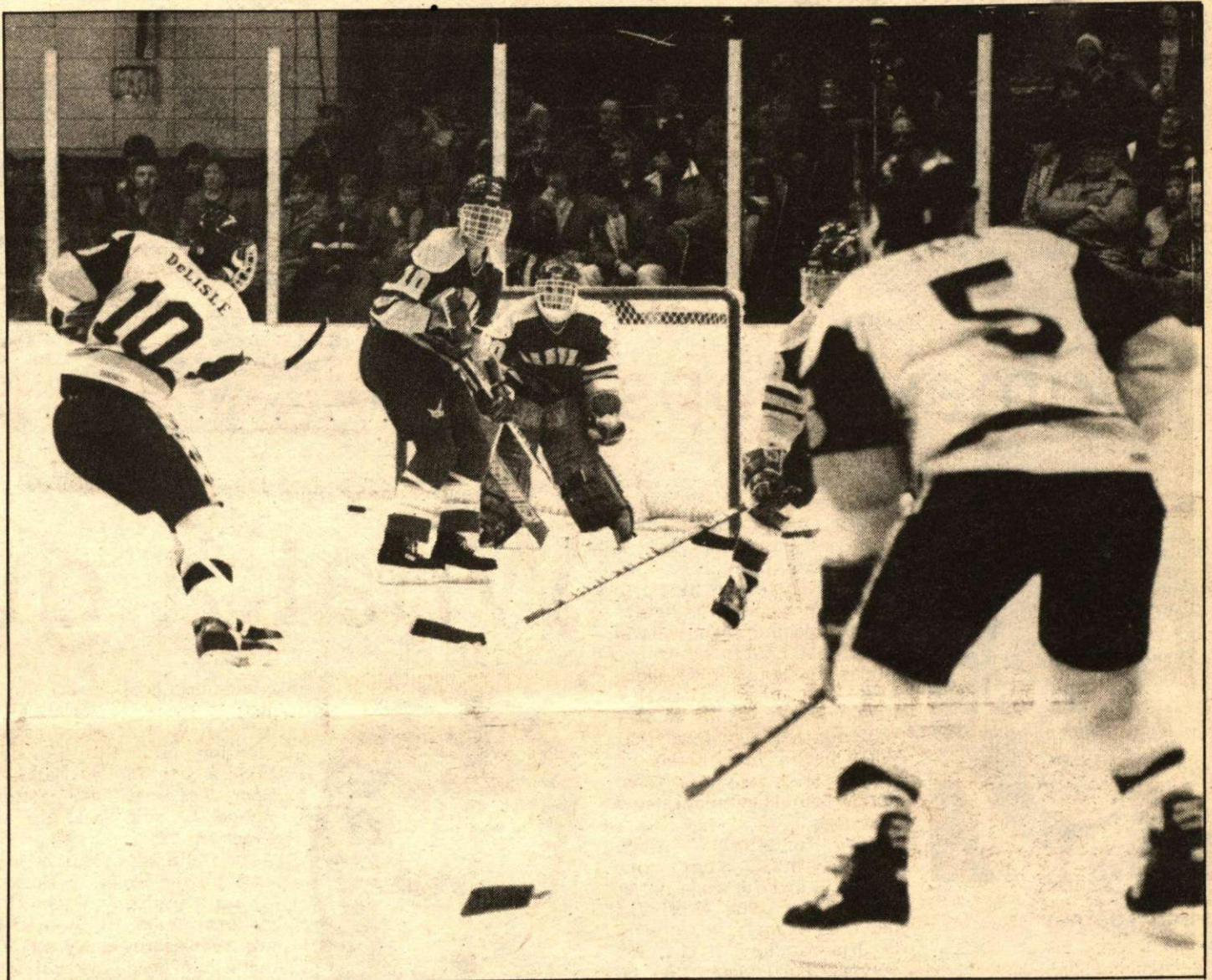


Photo • Curt Carlson

Junior right wing Joe DeLisle puts one past the defense in last weekend's sweep by Denver. The 'Dogs lost 6-4 Friday night and again Saturday, 5-2.

## Bulldogs outdistance opponents

**Mike Hudyma**  
Staff Writer

Anyone who has been to any of the men's basketball games this year can see some likeness to one of those powerful shredding machines.

The 'Dogs have been taking in and spitting out opponents with a sticky defense and a potent offense, much the same

### MEN'S BASKETBALL

as the shredder, without any fear of who they are facing. They have won their last six contests, leading to their 16-5 overall record and 5-0 mark in the NIC, but more importantly, they have won their last 16 regular season conference games. And barring a natural disaster, the 'Dogs should win the conference and return to Kansas City for the third straight year for the NAIA National Tournament.

But, for the moment, the Bulldogs will bring their show to Bemidji State Saturday

night. The Beavers are second in the conference with a 3-2 mark, and UMD's Head Coach Dale Race would like to widen the gap between the two.

"Right now with Bemidji in second place in the conference, we would like to put some distance between us and our opponents," said Race.

Race characterizes Bemidji as having a "very good starting five, but they have a weakness with their depth."

It is probably the Beavers' bench weakness that will hurt Bemidji the most, as UMD usually wears out teams with adequate depth.

"We've been playing solid at both ends of the court," said Race, "and if we can keep doing that we'll be successful."

In last weekend's action against Winona State, the 'Dogs exploded to a 9-0 lead and never relinquished it, as they went on to destroy Winona 71-55.

Jim Olson led all scorers with 18 points, David Thompson added 16 points, and Jeff Guidinger chipped in 11 points and nine rebounds.

With those nine rebounds, Guidinger took over the school's leading rebounder category with 641 total, passing former Bulldog Ron Metso with 639.

Although Race is not fond of throwing out individual praises in his team-oriented system, he did say this, "I think it's a real tribute to him, because he has been a very instrumental player for every team he has been on in his four years here. Guidinger should be proud of his accomplishment and he does deserve recognition. Rebounding is an important factor to any team, and those are the kinds of records I like to see broken."

Guidinger, who is this year's leading rebounder, with an average of seven rebounds per game, can also pad his career totals, as there are still seven games remaining on the schedule.

**BASKETBALL NOTES:** Jim Olson was named the NAIA District 13 Player of the Week.

Distance to 9B



Photo • Curt Carlson

Third year Head Coach Dale Race gives instructions to his nationally-ranked Bulldog basketball squad. The 'Dogs travel to Bemidji this weekend to skin the Beavers.



## Struggling from 1B

UMD Head Coach Mike Sertich is looking no further than this weekend, even though North Dakota and Minnesota loom on the horizon, not to mention the playoffs.

"Every series counts, especially the upcoming one. We're not even looking at the playoffs yet. It is still one game at a time," Sertich said.

The Bulldogs are going to have to work on a few things to win this weekend, according to Sertich. "We have to work on a variety of things; consistency, goaltending and offensive production. We have yet to be hot in any of these areas."

UMD's leading scorer, Sean Toomey, with 21 goals, 15 assists, for 36 points, does not think a "killer instinct" is what the Bulldogs need. "I don't think we need to get 5-6 goals ahead. A two-goal lead should keep the win if we stick to our systems and play a good defense.

"The last eight games mean

a lot to the final standings and whether or not you get home ice for the playoffs," Toomey said of the final four series of the regular season.

Two of the last four series will be against the league-leading North Dakota Sioux and the Minnesota Golden Gophers. Toomey thinks that could be a good indicator into the playoff picture. "If a team is well prepared to play the top teams toward the end of the season, those games can be a good indicator of how well the team will do in post season play."

"We'll just go into the games as prepared as possible and try to get two points at a time. We'll need to stick to our systems and play good hockey," Toomey said of the series with the Tigers.

Bulldog captain Guy Gosselin sums up his thoughts on the remainder of the season. "We'll have to keep plugging away. We've had some real bad breaks. We just have to play like we're capable of playing and see what happens."



Photos • Curt Carlson

UMD's defense bends...and breaks.

## Toomey's tops



Sean Toomey

Brad Haynes  
Staff Writer

Sean Toomey was born June 6, 1965, in St. Paul to John and Joan Toomey. He graduated Cretin High School in 1983 after totaling 80 points (22 games) in his senior year. He also earned the All-St. Paul Conference selection and MVP that year.

Toomey likes the way UMD buildings are interconnected so that when you have to park on the opposite side of the campus, you can walk most of it indoors. His favorite teacher is Jackson Huntley (Comm.) because "he's a super person

and has helped me a great deal."

The North Stars hold Toomey's draft rights, so it is not too hard to figure why his favorite NHL team is the North Stars, but not why he figures the Philadelphia Flyers will win the Stanley Cup this year.

Toomey is the only Bulldog who is married. Kristine Kathryn Laws and Toomey were married August 22, 1986. While having no children yet, they do share two dogs, Toshi and Neikah. They enjoy raising sled dogs.

The Fan(atic)s at North Dakota make that rink Toomey's favorite when not at the Duluth Arena. Scoring a hat trick against the Gophers is his hockey highlight. Toomey participated in the 1986 U.S. Sports Festival last summer.

His favorite item about Duluth: "The abundance of great people."

If he had one wish it would be "to be able to do it all over again."

Once a UMD communication graduate, Toomey would like to continue in hockey somewhere, and eventually become a lawyer.

He would like to take this opportunity to "thank the coaching staff for giving me the chance to play at UMD and for always helping me to be a better person, student, and hockey player."

## What a guy



Guy Gosselin

Brad Haynes  
Staff Writer

Guy Gosselin was born on January 6, 1964, to Gordon and Virginia Gosselin in Rochester, MN. The Rochester native graduated from John Marshall High School in 1982, having been a two-time All-Big Nine Conference defenseman.

While at UMD the physical

education major has accumulated 15 goals, 32 assists and an All-WCHA Honorable Mention (1985-86). He has been a part of two National Sports Festivals (1985 in Baton Rouge, LA and last year in Houston, TX).

Gosselin was in Moscow last April for the World Ice Hockey Championships with the National Team. He thought it was a rewarding experience. "I met a lot of good guys that now play in the NHL and they helped me out a lot, both in hockey and in life."

When asked if the Russians all wear dark and drab clothing, he laughed and said, "No, some of them wear stylish clothing, although it may be a little outdated; others are dressed decades behind us. I met a 15-year-old boy who wanted to trade a jersey. He was wearing a Guess jacket, Nike sneakers and had taught himself English. I thought he was something."

Although the Winnipeg Jets hold his draft pick, Gosselin's favorite professional team is the Denver Broncos, who he

had hoped would beat the New York Giants in the Super Bowl Sunday.

If a player can have a favorite away rink, Gosselin would choose North Dakota's rink because he can return the friendly gestures to the 'bleacher creatures' that inhabit that arena.

He likes the people and the area of Duluth, although he says parking at UMD can be a problem at times. He also thinks the coaching staff of all the sports at UMD has class.

Joanne Johnson (Phy Ed) is his favorite teacher at UMD because "she treats her students with interest."

Either going to Detroit in the Final Four (1983-84) or being picked to go to Russia rates as his finest hockey moments.

An ideal life for Gosselin after UMD would be to play pro hockey for a few years; teach and coach high school hockey; with any luck coach college hockey eventually; and oh yeah, he'd like a wife and kids to fit in there somewhere, too.

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**DEADLINE TUES., FEB. 3, AT NOON**



# Wrestlers seek to ice Dragons, 'Jackets

**Mark Charron**  
Asst. Sports Editor

While the hockey team at UMD seems to be making a habit of getting swept lately, the UMD wrestling team is expecting to make a sweep of their own this weekend.

Friday night the Bulldog matmen will travel the High

## WRESTLING

Bridge express to make an 8 p.m. appointment with cross-lake rival University of Wisconsin-Superior.

Their return trip will find the Dragons of Moorhead State waiting for them at their doorstep. The 'Dogs battle the Dragons in the Phy Ed Building at 1 p.m. Saturday.

Last weekend the 'Dogs took the sting out of the Yellow-jackets of UWS, destroying them 45-11, in Duluth.

The Yellowjackets aren't expected to have much sting left this weekend either and the Dragons fire should be extinguished as well, according to Head Coach Neil Ladsten.

"We should win 'em both," Ladsten said. "UWS isn't real tough right now and after having to face top rated (NCAA Division II) teams these past few weeks without a full squad, we're finally going to meet a team (Moorhead State) with as many holes in their line-up as we've had lately."

Moorhead recently underwent a coaching change and like UMD, has had trouble filling all their weight classes.

But that won't stop the win-hungry Bulldogs from savoring the expected victories this weekend. "Although we lost a lot of duals lately, the majority of us have been winning our matches," said senior co-captain Mike Dorsey. "Our people are getting ready for conference and nationals where the final score really matters and a few wins this weekend should help us along. We're not real upset about our dual meet record (which is currently 3-8) because we know we're a better team than that."

Dorsey also mentioned that,

"It's tough to win matches when you don't have a full team."

Jeff Dravis, junior co-captain, echoed Dorsey's thoughts. "We should win both duals this weekend and although we've had our problems, we can only get better."

Last weekend the Bulldogs thumped the hapless Yellow-jackets of UWS 45-11, only to fall to fourth ranked University of North Dakota 34-8, and again to the University of Minnesota-Morris 29-14 the following day.

"I thought we wrestled well last weekend," Ladsten said. "Again we gave up some crucial points having to forfeit at certain weights, but overall we wrestled respectably. North

**"...we can only get better."**

**—Jeff Dravis**

Dakota was as tough as I thought they'd be but we gave them some good matches (individually)."

Jim Leiwica won all three of his matches last weekend at 150 lbs. to improve his mark to 18-7 on the season.

Ladsten said he was most pleased with the integrity displayed by 126 lb. Brian Laine and the all-out performance of 158 lb. Mike Hirschey.

"Brian Laine has faced some awful tough opponents lately but he's done an outstanding job; he's dedicated and very dependable," Ladsten said. "Mike Hirschey had an excellent match in our dual with Morris against a kid he beat by a point earlier this year (Brad Hanson)." This time around Hirschey pinned Hanson.

Pat McCaw a freshman from Chaska, Minn., strengthened UMD's line-up filling in at the 190 lb. slot, while injured 118-pounder Todd Guillaume is expected to return this weekend for the 'Dogs.

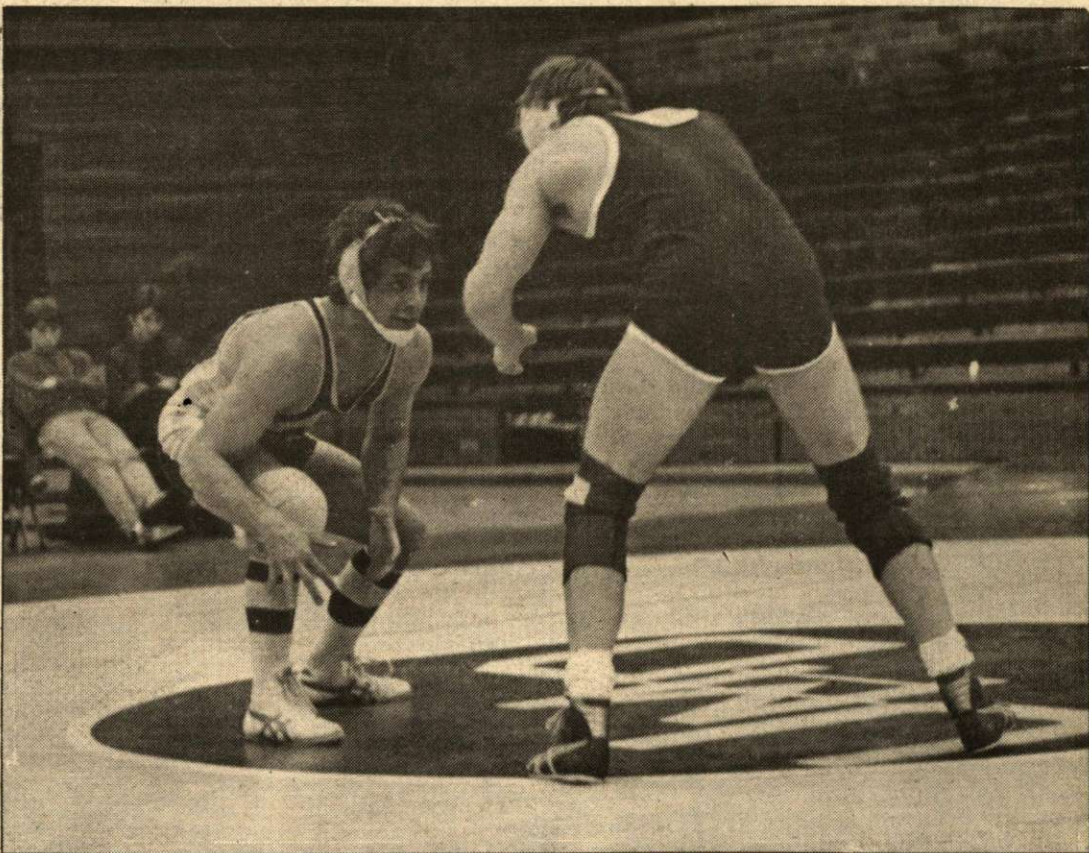


Photo • Tom Torkelson

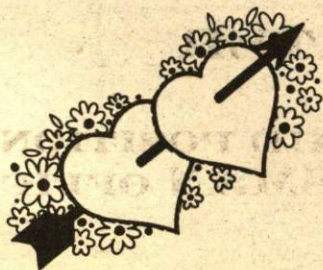
Sophomore guard Jim Leiwica (Staples, MN) searches for an opening to take his opponent down during a recent match. Leiwica broke into the starting line-up early this season and hasn't looked back since, compiling a record of 18 wins and 7 losses thus far.



**Voice Your Opinion  
in our Editorial Section  
in the STATESMAN.**

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# Thompson: He's a crowd pleaser

**Mike Hudyma**

**Staff Writer**

When the name David Thompson is mentioned in most basketball conversations, usually images of the acrobatic high-flying former Denver Nuggets' star are the first to come to mind.

While UMD's own David Thompson, a product of Hibbing, may not have the same notoriety, he does possess an extraordinary leaping ability and an array of powerful slam dunks that can excite the crowd, much the same way the former did at the peak of his career.

It seems unbelievable that a player with Thompson's ability would have never played basketball, had it not been for his sister.

"I started playing basketball when I was in eighth grade, mainly because my older sister wanted me to get involved and on the right track at school," Thompson said. "I really didn't get interested in playing basketball until ninth and 10th grade."

It was during the summer between ninth and 10th grade that Thompson sprouted three inches to 6'4", a factor that would lead to later success.

"When I came back (after the summer break), I was really awkward and it took some time for my coaches to help me gain some agility and fundamentals," Thompson added.

It was those skills instilled by Hibbing Coach Gary Addington, that Thompson credits most of his success to.

"Besides Coach Race, Gary Addington has had the most effect on my basketball ability. He is a great teacher of both physical and mental fundamentals and that gives every one of the people that played for him a great foundation to build on," said Thompson.

He added, "He comes from a

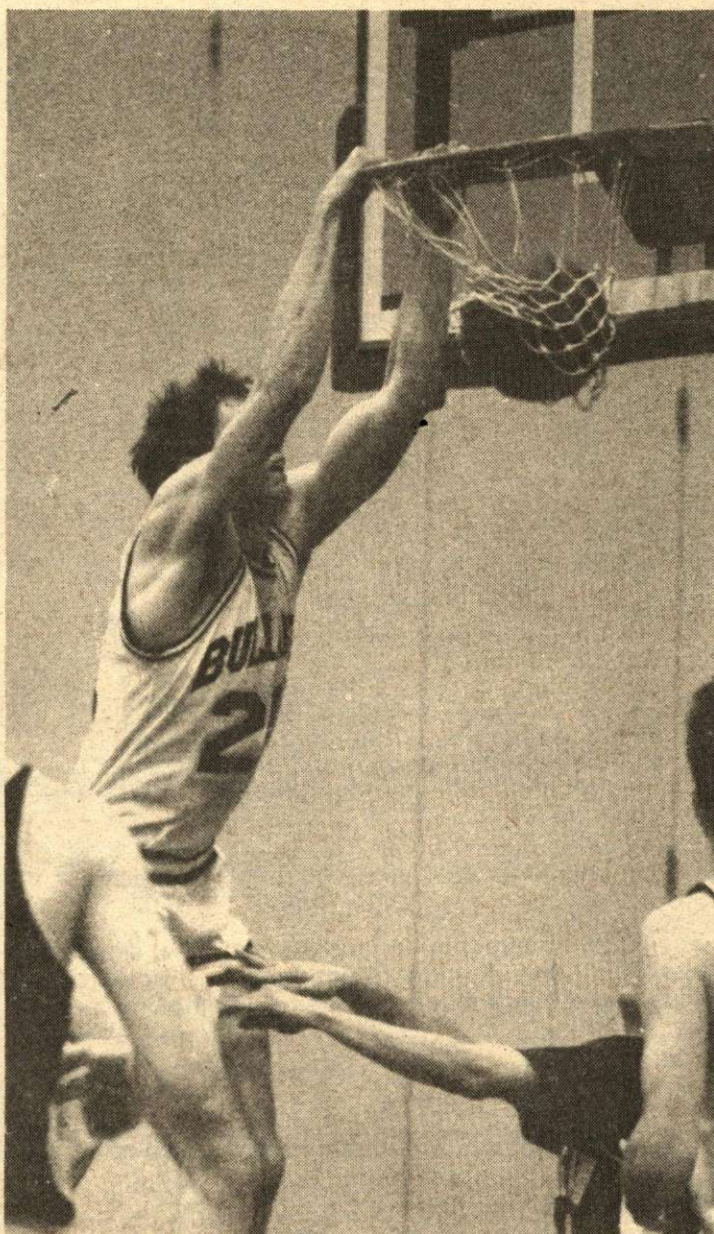


Photo • Curt Carlson

Dave Thompson displays his dynamic slam-dunking style at a recent game in the UMD Phy Ed Building. Thompson, a junior forward from Hibbing, MN., has become the "playmaker" for Race's Top 'Dogs.

basketball family and a winning tradition, and he passes that on to his players. Plus, Hibbing has a good basketball tradition because

Kevin McHale played for them. I just feel really fortunate to have played for Coach Addington and Hibbing."

Along with gaining the

fundamentals from high school, Thompson also received strong support from his mother.

"My mom has always been there to support me," Thompson said. "She is always there to help me with my problems, and she always has come to watch me play, even to this date she comes to our home basketball games."

With the support of his mother and the help from his high school coach, Thompson went on to star at Hibbing. He gained All-Iron Range Team honors as a junior and senior and was also named to the News-Tribune & Herald's All-Tri State Area first team as a senior.

Thompson was recruited out of high school by former UMD Coach George Fisher, but that was the year present Head Coach Dale Race took over the helm.

"The first year I came up here I was real nervous, and I was just hoping to make the team," commented Thompson. "Then to not only make the team but play in a sixth man role, really made me happy to contribute in that way."

Thompson was named the Most Valuable Freshman of that team, and he had high hopes of cracking the starting line-up as a sophomore. But, the excellent all-around play of Jerry Brockhaus left Thompson in his sixth man role again.

"I did have high hope of being a starter, but I now feel things worked out for the best," he said.

Now in his junior year at UMD, Thompson has cracked the starting five and has blossomed. He has practically doubled his averages over the first two years to 13.1 ppg and 5.6 rpg.

Coach Race feels Thompson adds a variety of things to the team.

"The thing I like most about David is that he has improved

defensively," said Race. "He is also an explosive and exciting player that adds another dimension to our team. He can get that big dunk or exciting play."

Looking into the future of Thompson some pro aspirations have crossed his mind, but he does have his priorities straight. He is a psychology major and a communication minor.

"If I continue to work and if the opportunity arises that I do become good enough or that somebody wants me to play for them, then that is a possibility I would consider. But, if there is a chance that it would mess up my career that I'll have to live with until I'm 60, then I might have to reconsider," he said.

Thompson's favorite pro basketball player is former North Carolina Star and Philadelphia 76er Bobby Jones. "He really impressed me when I was growing up because of his overall hustle and aggressiveness. He was also a real crowd pleaser in Philly."

If Thompson had his choice to play with an NBA team, it would be the Boston Celtics.

"I'm a big Celtics' fan and not just because Kevin McHale plays for them," Thompson said. "Larry Bird is by far the best player in the NBA as far as I'm concerned. Also because of their great tradition."

Thompson should be a vital part of this year's team's ability to repeat as conference champions, and he hopes to contribute in a variety of ways.

"I would like to think that my biggest contribution to this team is to help every other player to become a better player. Also to help Coach Race fulfill his goals, because what he has in mind for us is best for the team."

Continued success here at UMD is sure for Thompson, and who knows, maybe someday he'll be filling the hoops of the NBA.



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# Lady cagers in title hunt



Photo • Tom Torkelson

Nothing can break the concentration in Kahi Regan's mind as she prepares to shoot.

**Nick Madison**  
Staff Writer

UMD is on the road this weekend, traveling to Morris Minn. for a Friday night game and then on to Moorhead State for a Saturday afternoon game.

## WOMEN'S BASKETBALL

The ladies have already defeated both teams at home; upending Moorhead 71-63 on Jan. 16 and the following night downing Morris 62-53.

UMD needs to beat both teams this weekend to keep their conference title hopes alive. The Bulldogs are currently tied with Northern State of Aberdeen, So. Dak. for second place in the NSC, both teams boasting a 4-2 record. Morris and Moorhead are tied for fourth, each with a 3-3 record. Bemidji State leads the conference with a perfect 6-0 conference record.

Last Friday night the UMD women's basketball team traveled to Winona State and came away victorious, winning 69-50.

There were many bright spots in UMD's performance, including a season high 22 team steals and a scoring attack led by star senior forward Carmen Kuntz and sophomore forward Mary Hannula, each of whom had 14 points. Kuntz also pulled down 12 rebounds to lead the team off the boards.

Kuntz, out of Owatonna, Minn., currently leads the lady cagers in scoring with a 12.7 per game average, scoring 373 points in 20 games. Kuntz has scored 1,099 points in her career as a Bulldog and is only three points away from becoming the No. 2 scorer in UMD women's history. Kuntz is also only just 23 points away from becoming only the fourth

Bulldog in history to score 400 points in one season. Kuntz also leads the Lady Bulldogs in rebounds with a 12.7 average, pulling down 254 so far this season.

While Kuntz leads the team in rebounds and points, sophomore guard Denise Holm from Duluth East is also on the record-breaking trail. Holm leads the Northern Sun Conference (NSC) in assists with a season total of 142, and with eight regular season games remaining, she is only

seven assists shy of breaking the UMD single season record.

Next Tuesday at 7:30 p.m. the ladies will be taking our cross-bay rivals, the University of Wisconsin-Superior Yellow-jackets. The game is scheduled to be played at the Physical Education Building. Because of the traditional rivalry between the two schools in any athletic event, one can be sure that both teams will be keyed up for the non-conference match up.

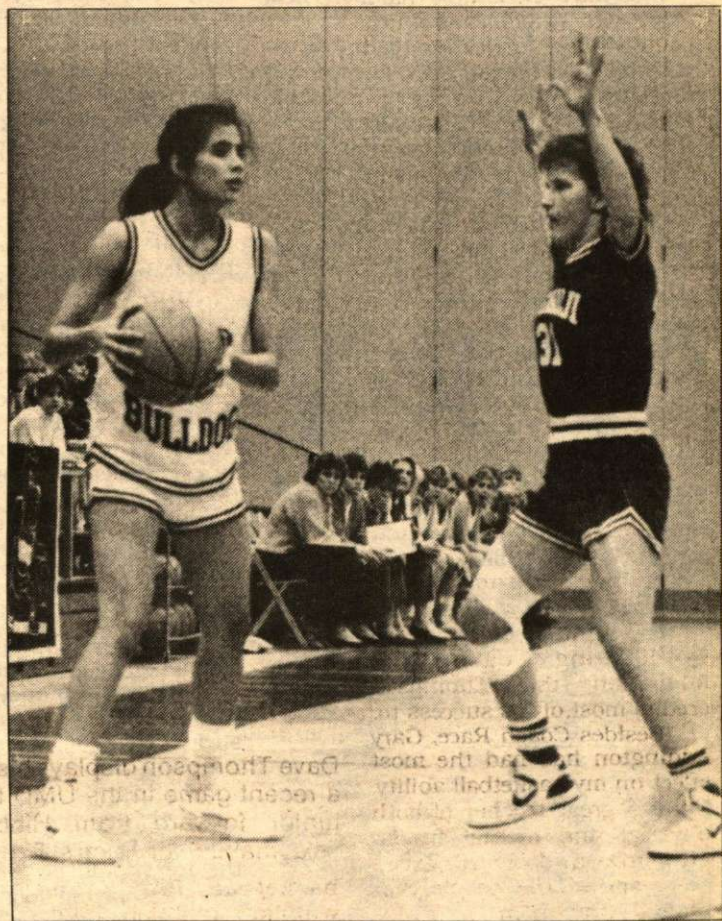


Photo • Tom Torkelson

Kahi Regan looks for an open person while being blocked by a Bemidji State Beaver.

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# Rec Sports



## Schach's Fireside Chat

Steve Schach

For all of you who were expecting a controversial "Fireside Chat" this week that would be similar to *Sports Illustrated* swimsuit issue, sorry, it was too controversial to put in the STATESMAN. So for all you women that had their pictures taken and were expecting to be in the paper, well, maybe some other issue.

Intramural sports isn't always played with the attitude that if you don't win, you die. A good example of a team that is out there just for the fun of it is the Fullhouse Women, a team in the casual bowling league. Their record of 13-15 is rather deceiving, because they really aren't quite that good. The way they win, at least the way they beat my team, is to go out there and have fun with the

other team, and quite honestly, distract the other team from concentrating. This method of participation has no place in Rec Sports; you must always give it 100 percent or get off the alley. I was shocked when (Fullhouse) Women captain Holly Redfearn told me that they "like to win, but we joined mainly to have fun. It's not just the bowling that's fun either, but also meeting the team members we're playing against, like Rec Sports Editor Steve Schach."

A lesser man might have thought this was a compliment, but I was downright insulted. I joined the casual league thinking I would be put up against the best competition available, and she tells me she joined to meet people, and then they beat us.

Ann Ogren, the sophomore volleyball player from Duluth East, proceeded to kick me when I was down. She actually said, "I like the casual bowling league because it is so relaxed and it gives me a good break from the pressure of a real sport." My lone satisfaction from that night was the fact that playoffs are just around the corner and my team (Bookman Italic) might get to bowl against them again.

In perhaps the biggest game of the broomball season, the Unhappy Fish defeated Send Money 2-1 in a men's game yesterday. The ice was about as slick as ice could get, and the speed of the game definitely showed it.

The Fish's Jeff Dykema, who assisted on the second of Steve Brothers two goals, said, "This is how the ice should be for broomball. It's been like playing floor hockey the past few games since the ice has been so bad."

Brothers connected on a mid-rink blast in the first half and then he completed a pretty give-and-go between himself and Dykema to put the Fish up 2-0. Brett Salo brought Send Money within one when he got the rebound off his own 30-foot shot and drove home a 28-footer. The Fish then held off a furious Send Money flurry of shots at the end to win the game.



Ann Ogren of Fullhouse Women demonstrates the correct way to throw a gutterball.



Photo • Curt Carlson

The Fullhouse women and their bowling averages. Top: Holly Redfearn-129; left, Monique Arntzen-120; bottom, Ann Ogren-114; right, Lisa Peters-113.

DEADLINE: Friday, Feb. 13, 2 p.m., Fieldhouse Office

Intramural Sports is in the process of determining entries for this year's Total Points championships. Any teams or organizations who wish to compete in this category must submit a full roster of your group who participates in multiple sports throughout the school year.

In order to be involved in the point system competition, a team must choose a team name to use throughout the year as means of identification. Individuals who participate in individual/dual sports (i.e. Turkey Trot, racquetball, skiing, tennis, badminton, and wrestling) must state which organization they are playing for.

There will be a Men's, Women's, and Co-Rec Campus Champion determined at the end of each school year. The team/organization's name will be included on the Total Points Champions plaque in the Rec Sports office.

1985-86 Champions were:  
1st Street Gang (men's)  
Miracle on Ice (women's)  
Gremlins and Send Money (tie, co-rec)

Campus Point System: 50 points given for a team entry unless a forfeit occurs in which case 0 points will be given.

Final play-off position & points:  
1st place - 100 points  
2nd place - 80 points  
3rd & 4th place - 60 points  
5th-8th place - 50 points  
9th-16th place - 20 points

This weekend Rec Sports is offering three tournaments for the Winter Carnival, with all three being covered inside and out by the Rec Sports section in the STATESMAN.

- 1) The 15th Annual Silver Broom Broomball Tournament starts Friday evening on the outdoor rinks.
- 2) The Schick's Superhoops 3 on 3 Basketball Tournament also starts Friday night.
- 3) The Winter Carnival Table Tennis also is schedule for this weekend.

Schach is a junior business administration major from Woodbury, MN.

## Bowling Results

UMD Casual League			UMD Winter Carnival		
Current Standings	w-l	total pins	Bowling Tournament	Best 3 games	
Fullhouse II	21-7	7136	Final Results	scratch	w/hdep
NGCC	21-7	4691	1. Brad Larson	654	702
Fullhouse	19-9	7254	2. Mike Olund	611	680
Highballers	19-9	6286	3. Mike Womund	600	666
Bookman Light	19-9	5687	Kris Koskinen	564	666
Pan Galactic	18-10	6129	5. Ron Toft	609	663
Bookman Italic	18-10	5944	6. Michelle Gilster	515	659
Martini	17-11	4883	7. Chris Nelson	586	658
Gutter Runners	16-12	4339	8. Jim Forsell	632	650
Diphallie Terata	14-14	5977	9. Dan Anderson	570	642
Pinheads	14-14	5879	10. Jeanette Nyquist	490	634
Fugitive Guys	14-14	5808			
Fullhouse Women	13-15	5714			
What's Your Point?	12-16	6568			
Licensed to Bowl Ugly	11-17	7521			
Killer Tons	11-17	5812			
Great Taste	10-18	5986			
Bookman Demi	9-19	5484			
Shunked Tooth	4-24	5097			
Bowlerona	0-28	1222			

As of 1-27

# The Injury Wrap

with Diane Schreier

The other day I was over at a friend's house watching television and all of a sudden, out of the blue, his nose started to bleed. It was kind of weird, because he wasn't doing anything to cause a nosebleed, but then again it's winter and the air is really dry.

You can tell when the air is dry when you brush your hair and it all sticks to the brush, or when you put on a pair of pants and they cling to you. I hate it when that happens. But anyway, back to nosebleeds.

Nosebleeds can occur at any

time and some people are more susceptible to them than others. It all depends on how close the blood vessels are to the surface of the skin inside the nose. If you get nosebleeds often, you may want to see a physician. He/she may suggest you have them cauterized, which is a process where the blood vessels are burned closed; but most people just deal with them.

First of all, the best way to control bleeding is to sit up. Elevation above the heart is a great way to reduce bleeding.

Next, pack the bleeding nostril with gauze or non-absorbent cotton and apply pressure by pinching the nostril shut. If bleeding persists, a cold compress (ice, etc.) can be applied to the bridge of the nose. Ice constricts blood vessels and slow hemorrhaging.

I've never heard of a case of anybody dying from losing too much blood caused by a nosebleed; but then again, static cling has never claimed too many lives either.

## Please!

**Mandatory Second Captains' Meeting**  
Captains' meetings are for all teams who have not forfeited or missed the first meeting.  
Volleyball - 4 p.m.  
Basketball - 4:30 p.m.  
Broomball - 5 p.m.  
All meetings will be held on Thursday, Feb. 5 in PE 136.



# Broomball Standings

MAA 1	MA 1	MA-4	Co-A-1	Co-A-5
Intimidators 2 0	Canadian Club 4 0	Dweebs 2-1	Fargin Iceholes 3-0	Nads I 0-0
Unhappy Fish 2-1	Blame It on Iowa 4 0	Fourplay 2-1-1	1st Street 2-0	Last Minute 2-1
Send Money 2-2	Brillo Pads 3 1 1	Big Sticks 2-1-1	The T-highsticks 2-3	Mass Confusion 2-2
Men without a clue 1-2		M108 2-2	Inebriated Express 1-2-1	Rosalita's Revenge 1-2
Fullhouse 0 2	Purple Haze 2 2	Mass Confusion 0-3	KP Brunella's 0-3-1	Tolerance Hall 0-2
	Elliot's Meats 2-3-1			Co-A-6
MAA-2	Sons of Baachus 1-3	MA-5	Co-A-2	Team Wop 3-0
Weaslehut 4-0	Flagrant Disregard 1-3	The Clams 3-0	Wildbeast 3-0-1	Super Uglys Gone 4-1
Nightmare on 1st Street 3-1	Blue Fox Lounge 0-5	* Repo Men 1-0-1	Deathtongue 2-1-1	By Inspection 2-2
Broomtown Rats 3-2	MA-2	We Suck 1-2	Mega Keg Crew 1-1-2	Incoming Wounded 1-3
Big Sticks 0-3	Broomsmen 3-1	Jet Jocks 0-1	CFTHUPO 0 4	* Yolanda's Babies 0-4
* Scums of Earth 0-4	Losers 3-1	The Phux 0-2-1		
	Stabilo Swing 3-1		Co-A 3	Co-A-7
MAA 3	Club Tropicana 2-1-1	Co-ed Broomball	The Student Experience 3 0	Rink Rats 4-0
Twine State 4 0	* Woodheads 2-2	Co-AA-1	Lani Kai-Klub 2 0	Screaming O's 3-1
* Bearded Clams 4-0	V & W 1-2-1	The Beauties and the Beasts 3-0-1	BAC 2-1	The Aggressors 1-3
Naturally Brewed 2-2	Superfriends 1-3	D.A.M.M. 2-1-1	Lymphatic Drainage 1 1	The Other Team 0-4
* Intergalactic Propholactics 2 2	* The Loads 0-4	* Hanson Bros. 2-1-1	Newman Air 1 2	
* The System 1-2-1	MA-3	* Gremlins 1-1-1	* the Dustpanns 1-2	Womens A
* Broomball Boozers 1 3	The Nicks 4-0	The Paperboys 0-5	* Big Shooters 0 2	Broomhildas 3-0
2 Minute Warning 0 3 1	Legion of Doom 3-0 1		Pelvic Thrusters 0-2	Ball Busters 1-1-1
* Iceholes 0 4	Grovers 3-0-1	Co-AA 2	Co-A-4	Cranial Nerves 1-1-1
	Pavlova's Dogs 1-1 2	Brush Border 3-0	Blame it on Iowa 4-0	Molly & the Hangovers 0-
	Beer Goggles 1 3	*Unhappy Fish 2-1	Naturally Brewed 3-1	
	Bye Hayden 1-3	Send Money 2-1	Dartonnians 1-2-1	Womens AA
	Screaming Hebrews 1-3	* Julius Team 0 3	Delayed Reaction 1-2	Miracle on Ice 3-0
	Alpha Nu Omega 0 4	Bogharts 0-2	Beer Nuts 0-3-1	BW's 2-1
			Thanatos 0-1-2	Slippery When Wet 1-2
				Raging Rebels 0-3

As of 1-27  
\*Disqualified from playoffs

# Basketball Standings

MAA-1	MA1	MA-3	MA-5	Womens
H.B. Mendoza 3-0	Sticky Fingers 5-0	The Raisings 5-0	LA Cursors 4-1	Shocking Pink 5-0
Trauma Team 3-1	Error Jordans 4-1	Mitch Lee & the Bonedowns 4-1	Michael Jordan 3-2	Rita Crackers 4-1
Old McGowys 2-1	Flying Bernoulli Bros. 2	Sharpshooters 3-2	DOA 3-2	Clan 3-2
Darkhorse 0-3	* Jet Jocks 2 2	Hanson Bros. 2-3	Cavs 3-2	Rubber Souls 2-3
A Team 0-3	* Legion of Doom 2-4	We Can't Slam 1-4	Fargon Rims 1-4	Untouchables 2-3
	*NNSBR	* In Your Face 0-5	Isotopes 1-4	* Leisure Rules 1-4
MAA-2	MA-2	MA-4	MA-6	MTXR 1-4
Turfmen 3-0	Dr. Vaseline & the Four Sliders 5-0	Hard Rockers 5-0	North End 5-0	
* Twine State 3-1	* The Jobbers 3-2	* Big Dilema 4-1	Repo Men 4-1	
Smooth as Silk 2-1	Tyrolia 437 2-2-1	* Set Shot Buford 2-3	Naturally Brewed 2-2-1	
AV 0-3	* 69ers 2-2-1	* Legion of Doom I 2-3	Lazy Lizards 2-2-1	
Air Strohs 0-3	Nerds 1-4	* Malosky 2-3	Utopians 2-3	
	Engineers 1-4	Jumpin Jack Flashes 0-5	Tapa Mega kega 2-3	
			? 1-4	
			Screaming Orgasms 0-3-2	

# Volleyball Standings

Men's AA	CoAA1	CoA1	CoA4	CoA7
Club Med 3 0	* Faceplants 3-0	Spiked Punch 2-1	High Flyers 3-0	Scurvy Dogs 3-1
Say something Sexual 3-0	Nice Dink 2-1	Machines 2-1	Razin Cane 2-1	Up the Junction 3-1
* Its a mistake 3-0	Something Simple 2-2	* Buffoons 2-1	The Wankers 2-1	Gotta Woody or What 2-2
Americas Team 1-2	The SEC 1-2	Brain Dead 1-2	Net Riders 1-2	Kamikaze 2-2
* Procrastination Unlimited 1-2	Grateful Med 0-3	Men's Room 1-3	Ragin Cajuns 0-4	The Team 1-3
Survivor 1-2				The Outcast 1-3
* Type Setters 0 3	CoAA 2	CoA2	CoA5	
Kaboom 0 3	Capt. Fantastic 3-0	Helvin Calvin & etc. 3-1	Really Rotten 3-0	Womens
	Krausened 2-0-1	On for the Road 2-1	Cackshmackern 2-1	Schmucker Hunters 2-0
Mens A	* Treadbinders 1-1-1	PKM Club 2-1	Thunderbirds 1-2	Lacking Talent 1-1
Church Police 4-0	Suicidal Tendencies 1-2	Phi Gamma Jamma 1-2	Family Pak 1-2	Skittles 0-2
One for the Ditch 4-0	* The Cartilage Bros. 0-4	As You Like It 0-3	* Beauties and the Beasts Pt.2 1-2-1	
No Fubs Inc. 4-0	CoAA 3	CoA3	CoA6	
Dweebs 3-1	Procline Fornicators 4 0	Shoved In 3-0	Moist & Chewy 3-0	
Trojans 1-4	Guys and Dolls 2 1	Happy Campers 2-1	5th Row & Co. 2-1	
* Gold Rush 0-4	Twine State 1 2	bit Blasted 2-1	Neophytes 2-1	
Aids Team 0-4	* Big Hitters 0-4	* RAC 1-3	* A-OK 1-2	
The Majestic Interludes 0-4		* International Club 0-3	Oompa Loompas 0-4	

As of 1-27  
\*Disqualified from playoffs



## Veech receives award



Photo • Curt Carlson

### All-American Corey Veech

Corey Veech, UMD's star running back, was recently named a second-team Associated Press Little All-American football player.

The 5'9", 185 lb. senior out

of Hermantown, MN. rushed for 1,377 yards and 20 touchdowns in 1986 and ended his college career as the No. 2 rusher in UMD history. He was second in the Northern Intercollegiate Conference in rushing for 1986, tied for the scoring title and led in punt return averages while being named the NIC's Most Valuable Player for the Year.

The senior halfback majoring in criminology, was also named All-American by the sportswriters of *The Football News*.

Veech was more than pleased with his latest honor saying, "It was really a nice honor and a nice way to end my career. Our team received a lot of recognition this year and because of that I was recognized. It really helps to be playing on a good team."

Veech also credited his offensive line for much of his own success stating that they did "an outstanding job."

Three UMD defensive players also received national recognition. Linebacker Wayde Preston, lineman Mark Turcott, and corner back Scott Claflin all earned Honorable Mention All-American honors.

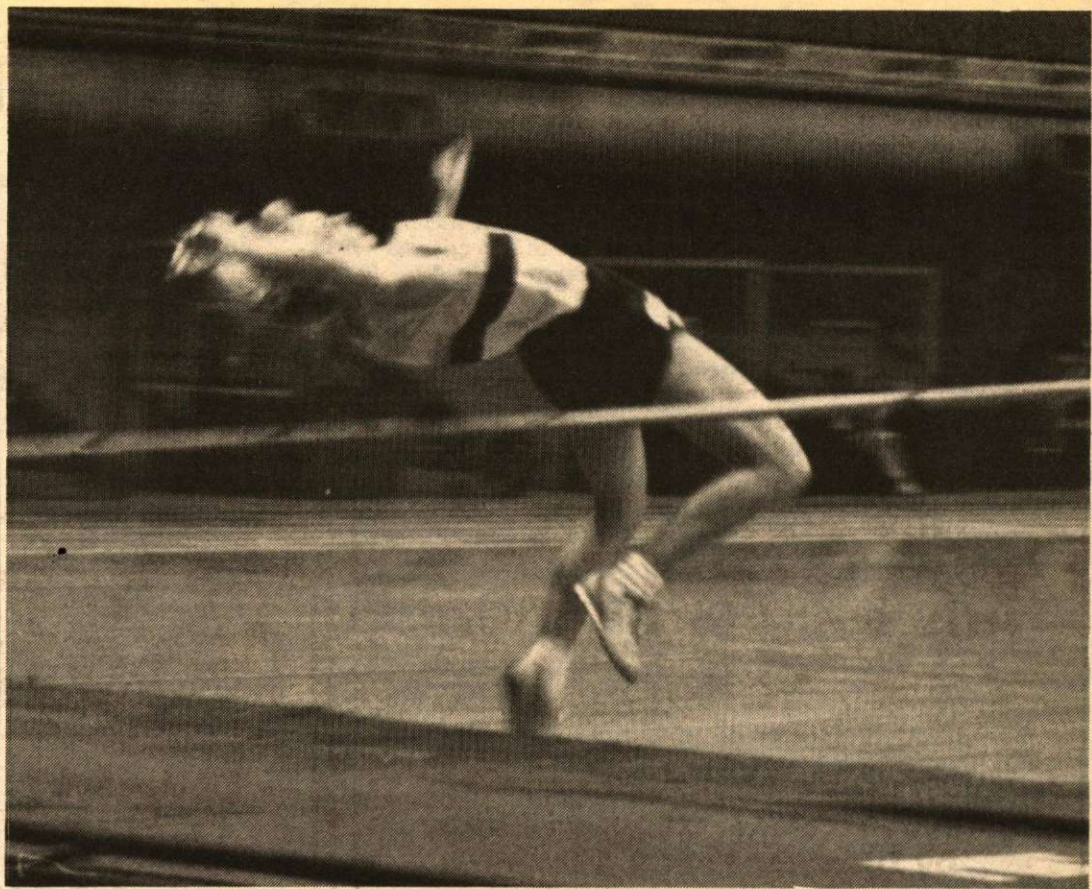


Photo • KJirsten Hendrickson

### UMD to host track invite...

The UMD men's and women's track teams will compete in the Fifth Annual Doug Roth Invitational on Saturday in the UMD Fieldhouse. Bemidji State University, Michigan Tech, and UWS are expected to compete. Amee Koebnick (pictured above) will lead the ladies team in the sprinting events. Koebnick is seen here soaring to new heights in a recent dual meet. Koebnick's jump of 4'10" won the high jump event in that meet.

**The UMD STATESMAN is now accepting applications for:**

## Editor-in-Chief Business Manager

**Positions are for the 1987-88 school year. Applications available at the STATESMAN Office, 118 Kirby Student Center. Writing samples and a resume must accompany all applications. Deadline is Feb. 25 at noon.**



# WEDDING GOWN & PROM SALE

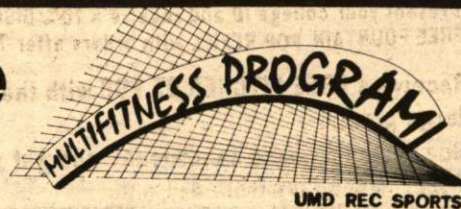
- \* Famous Name Designer Gowns, Prom Dresses, Flowergirl Dresses
- \* Sizes 3 - 24 1/2
- \* Styles to suit every personality, prices to fit every budget
- \*\* Values up to \$1000 - No gown priced over \$349 (most under \$200!!) Prom Dresses from \$19

**SATURDAY, FEBRUARY 7th 10 AM - 7 PM**

**HARBOR INN**  
250 South 1st Ave. East • Duluth

*Come, see and try on these exquisite gowns!*

## Take The Challenge



- What:** an overall fitness program for students, staff and faculty. Specializing in running, calisthenics, swimming, weight training, jump roping, full fitness testing, diet analysis and more.
- When:** Monday, Wednesday & Friday from 3-5 p.m. all Spring Quarter. \$35.00 New Members, \$30 Tri-team Vets.
- Cost:** Sign up in the Kirby Ticket Office (Need not pay right away) and show up Thursday, Feb. 12th at 7 p.m. in K323 for group meeting.

### Train Hard...Feel Good

For info., call Rod Raymond at 7559 or Rec Sports at 7128.

**TOP 20 RECORDS  
AND TAPES  
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**MAXELL XL II C-90  
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**COMPACT DISC  
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- Comic Books
- Baseball Cards
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## Distance from 1B

Dale Race...Statistically the 'Dogs are led by Jeff Guidinger with averages of 14.8 ppg and 7.0 rpg, David Thompson with 13.2 ppg and 6.1 rpg, and Jim Olson with 13.4 ppg and 6.0 rpg...If Guidinger keeps up his scoring pace, he is almost assured a spot among the top five of all time...Last year at this point the 'Dogs were 14-7 and 4-1 in the conference.

the second time he has gained that honor this season...The last time UMD faced Bemidji was in this year's NIC Holiday Tournament; they demolished them 88-47...The 'Dogs lead the all-time series with the Beavers 50-23...In the list of incoming freshmen to this year's team, one member was left off, manager Gerry Goldfarb, who managed Duluth East for three years and was hand-picked by

## Here's your ticket to become the STATESMAN's Arts & Entertainment Editor

Just apply for this paid position  
at the STATESMAN office, 118 Kirby  
by Tuesday, Feb. 3, at noon.

Waterbed	King-sized	Waterbed
King-sized	Waterbed	King-sized
Waterbed	King-sized	Waterbed
King-sized	Waterbed	King-sized

### IT COULD BE YOURS

just for having fun  
at the One and Only

## Fitger's Tap Room

See the Waterbed at the Waterbed  
Room. 10 qualifiers drawn every  
Thursday night at the Tap  
Room...don't be left out!

## BE A SPORTS FAN AND GET PAID FOR IT!!

**Wanted: Sportswriter positions opening  
soon - Softball and Baseball**

Applications can be picked up in the STATESMAN OFFICE,  
Kirby 118, and returned to the Sports Mailbox.

## Godfather's Pizza

### We've got the "RIGHT STUFFED"

We started right. With a flaky  
layer of bakery crust on the bottom.  
We added the right ingredients.  
Fresh this, chopped that. Crisp pep-  
pers. Fat mushrooms. Onions, olives.  
diced, sliced. Sausage. Beef. Pepperoni.

Your choice  
Then a top layer of crust,  
like a pie.  
And the right cheese—from  
Mozzarella to Romano. Six  
different cheeses. Six!

Put all the right things together,  
and what do you get?  
The right Stuffed Pizza.  
Right now.  
Enjoy one at Godfather's  
Pizza. Any time you want it.

**"NEW" STUFFED PIE PIZZA**  
(WHY PAY MORE  
SOMEWHERE  
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"Big Screen TV"

**WE DELIVER TO  
UMD CAMPUS  
728-3641**

**Godfather's  
Pizza**



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"much more than just pizza"

**Monday — College Night** Present your college ID and receive a 10% DISCOUNT and a FREE FOUNTAIN POP REFILL with orders after 7 p.m.

**Tuesday — Family Night** Receive a FREE PITCHER OF POP with the purchase of a large pizza\*.

**Weekdays — Sub Special** Buy two submarine sandwiches and get a third one FREE! Weekdays from 4-7 p.m.

Subs, tacos, soups, sandwiches, chili & lasagna

-Spacious Dining Inside  
-Free Delivery  
-3 blocks from campus,  
Mt. Royal Shopping Center

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Open Mon.-Thurs. 9 a.m. - 11 p.m.  
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Sunday 3-11 p.m.

Expires 2/4/87  
**Lg. Thick Crust Pizza  
for the Price of a Thin.**  
Eat in - Pick-up - Delivery

Expires 2/4/87  
**Buy 3 Tacos - Get  
one FREE**  
Eat in - Pick-up - Delivery

## Shenanigan's

309-311 West First Street — 720-3462

### Welcome UMD Students

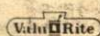
Come to Shenanigan's for the  
best live Rock-n-Roll in town

Happy Hour 4-7 Daily  
Pulltabs & Drink Specials  
Come Party with Us!!



**Cliffs  
Notes  
Available  
Here**

### Boyce Kenwood Pharmacy



Kenwood Shopping Center  
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## SERVICES

**TYPING SERVICES** including manuscripts, reports, term papers, theses, and a complete resume service. Special student rates. Close to Taran's Market. Word Processing of Duluth, 728-6509.

**TYPING/Word Processing.** Accurate typing of term papers, reports, graduate theses, resumes, mailing lists. Documents automatically spellchecked. Pat Greenwood, 525-2989. Call between 9-5 weekdays.

\$60 per hundred paid for remailing letters from home! Send self-addressed, stamped envelop for information/application. Associates, Box 95-B, Roselle, NJ 07203.

**PROFESSIONAL TYPING - 1 BLOCK FROM CAMPUS.** \$1 per double-spaced page. Call Dee at 724-6485. Letter Perfect Secretarial Service. 411 W. St. Marie Street.

**B & J TAX SERVICE.** Reliable tax preparation at reduced student rate. Only \$12.50 for federal & state short forms. 48-hour service guaranteed. 728-3222, John.

## FOR SALE

**HOUSING** contract for sale. For spring quarter. Male or female - any on-campus housing including Capeharts. Call now. 727-4757, John H. Please leave message.

**TWO** housing contract in one Stadium Apt. Available spring quarter. Call 726-7093 for more information.

## PERSONALS

**PLETCH & HERBST:** Thanks for doing dinner -- sorry you had to starve til 9. Thanks for the lovely stat -- when do the terrorists arrive? Pletch -- we don't believe you, we know you've got some incriminating memories somewhere. Until next time, Shelly and Diann

## RESEARCH PAPERS

**16,278 to choose from—all subjects**  
Order Catalog Today with Visa/MC or COD  
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**"SUN YOUR BUNS FOR FREE!!!!!!"**  
LUV Tours is actively searching for individuals, groups, fraternities, clubs, etc. to join our Springbreak getaways. Our group leaders receive free trips, commissions, and excellent Marketing and Sales experience for resumes. If you are outgoing, energetic, and LUV spring break, please check us out: Daytona Beach from \$99, Ft. Lauderdale from \$129, and Key West only \$165. Call now toll free 1-800-368-2006. Ask for Chris.

**DREW,** Congratulations on making the tennis team, I knew you could do it! Love, Berly.

**MIKE -** I hope you have a terrific 20th Birthday. Try not to be a mean drunk! Good luck on your test tomorrow. Love, Kari.

**HOW LOW** can you go? Find out by entering the limbo contest at 1st Street Gang's 17th Annual "Greaser." Check STATESMAN ad for details.

**DANCE** contest, great music and, of course, plenty of beer. 1st Street Gang's 17th Annual "Greaser." If you had fun at our Halloween party, this can top it. See STATESMAN ad for details.

**TO WHOM** it may concern: My name is Dan S. Alias "Superman." As of lately I've been looking for someone special, preferably, someone of the opposite sex. If you think you can fulfill my QUEST, call? 728-5746 (ask for "Superman"). Love, G.B.T.

**TO THE GODS** of the Ice: Don't go to sleep! Surprises "pop" up when you least expect them. In awe & admiration. ?

**OLE KS:** The late night labs with Blue Eyes are always 20/20. You must hold your ears going Somewhere Over the Rainbow in the 'White Camaro. If you don't, you may get into HOT trivial pursuit with Bo-Boo's rats (or the singing "CROCK" man). Next time, you have to wear the purple helmet to visit Tony and the Choo Choo. Does HONEY need a leather skirt to dance the tango with Frank at the dive? Where is the dog star? PLEASE CEASE! Love: Honey & The Consultant

**SPRING BREAK VACATION -** Ft. Lauderdale or So. Padre TX. Starting at \$169 quad occupancy. 7 nights. Transportation packages available. Student Agents Welcome. For information call 1-800-222-4139.

**ABORTION.** A woman's choice. Confidential, free pregnancy testing & counseling. Morning after treatment. All ages served. Women's Health Center of Duluth, P.A., a non-profit clinic. Downtown Duluth. 218-727-3352.

**CAMPUS AA,** Wednesdays and Thursdays at 1 p.m. in K351; Adult Daughters of Alcoholics support group, Tuesdays at 5:30, K333.

**MIA -** You have been a "fantastic" source of strength & inspiration. Happy 21st. Friends forever (I hope?) J.P.

**TIRED** of Jack Frost nipping at your nose? Ready for the ocean and feeling the sand in your toes? Tracy & Phil have an offer to make to let you experience the ULTIMATE spring break. All this and more...Just \$178! Call the Daytona "Beach Party" Hotline: 727-5326.

**TO MY EX(?)PARTNER -** I wish things could have worked out differently, but as it stands, c'est la vie. Best of luck to you, I wish you'd give us a chance...

**UMD Scuba Club** presents underwater hockey! UMD Pool, Feb. 1, 4-6 p.m., Bring swimsuit. Free.

**NIF & MIM:** The chocolate chip cookies are hidden in Jennifer's closet. Roomie

## Party at the WAREHOUSE

**Wednesday, Feb. 4th, 8 p.m. to close**

Just \$3. All the Beer  
You Can Drink

**DANCE, SOCIALIZE & CUT IT LOOSE**



## R.O. Carlson Books

Minnesota's Largest Selection of  
Used Books and Records  
Duluth's Largest Selection of  
Current Magazines

Open 10 a.m. - 10 p.m., Sundays Noon - 8 p.m.

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(across from Norshor Theatre)



the **museumMART**  
at the Tweed Museum of Art  
**POSTERS! POSTERS! POSTERS!**  
Brighten up those  
bare student walls • drab office walls  
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**20% OFF**  
January 27 - February 8  
VISA • MASTERCARD  
9 - 4:30  
Tuesday, Friday  
1 - 5:00  
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**SHOOT YOUR FRIENDS** Get 'em Before They Leave Town!  
**DULUTH CAMERA EXCHANGE** **60 MINUTE PRINT PROCESSING**  
Downtown • Miller Hill  
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# The Ground Round Lounge

Presents

## BULLDOG NIGHT

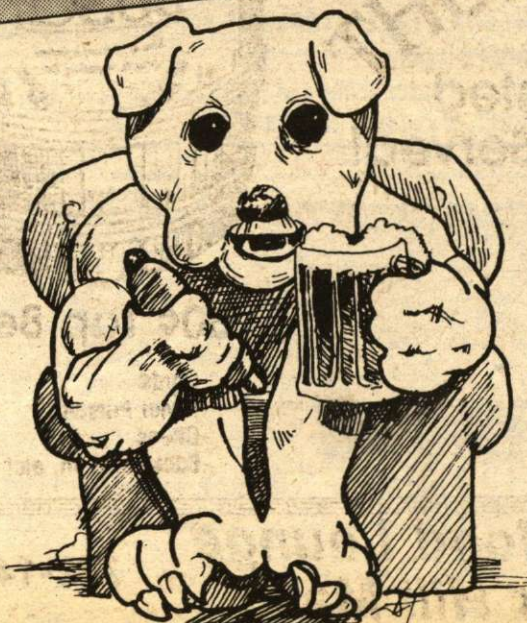
**Saturday, January 31**

Specials on Import Beers  
Bulldog • Molsons • Corona

Free Hotdogs

25¢ discounts on beer every  
time the Bulldogs score!

Win BULLDOG BEER T-shirts



"Who me,  
Dr. Keller???"



Here's Bam Bam!  
Call and wish him  
a Happy Birthday  
on Ground Hog  
Day. 7034.  
Love & Kisses,  
Pebbles



**THE FUTURE** of technology affects you! Be there to hear Gurney Williams, former editor of Omni Magazine, tell about it. Tuesday, Feb. 10, at 8 p.m. in Upstairs Kirby. \$1 with UMD ID

**RAOUL** - Sorry about the 7 under. I guess when ya got it, ya got it. Let me know when you want to try again. Yaaah - Don't you know. - Your favorite Gentile.

**CHECK US OUT!** Circle K. Every Wednesday this quarter in K355-357, at 3 p.m. Service, leadership and fun!

**M'LADY** - Run away! Run away! Question is: Who's chasing? Who? And why? not? Think I'm slowing down? Get a Klue! 'Cause I can run as far as you!

**BLUES** Alligations for hire and for much less than you think. 723-1230, Steve or Jim.

**PAUL MCCARTNEY**, Ringo Starr, John Lennon, George Harrison are the Beatles. I tell you that the Beatles invasion came and seemed to make the times, when everyone seemed to question things. That's what made them what they were just because of who they were. They changed the way we look at life. If you agree, call Dale and say, "Hey, I'm a Beatles' fan." 726-7062.

**HONEY**: Don't let Trish know about the big "S." We wouldn't want to get caught this Friday while getting a "J." Love, The Busy Consultant

**PREGNANT?** Need someone to talk to? Free confidential pregnancy testing and support services including housing. Phone answered 24 hours. 727-3399. Lake Superior Life Care Center, Room 11, 206 W. Fourth Street, Duluth, MN. 55806.

**DEMONS 1, 2, & 3** - I can't believe you couldn't figure it out! You sing it to me every time I see you. Of course I did it. And I apologize-- I didn't think there'd be such a reaction. Can you possibly see it in your hearts to forgive me? Please...— Ba, Bah...Ba, Bah

**K.P.** - Please don't put what we have shared on ice. You mean a lot to me in several ways. D

**UNDERWATER** Hockey! Sunday, Feb. 1, 4-6 p.m. UMD Pool. Try it!

**WITH ALL** that studying going on in your head, think of relaxing with your friends, instead. Does all this sound like a dream come true? Call Daytona "Beach Party" Hotline and we'll make it come true! 727-5326 or 726-1072.

**CONFIDENTIAL** birth control, pregnancy testing, V.D. testing/treatment. Duluth Community Health Center, Lake Ave. and 5th St. M, T, Thurs. Clinics. Call for hours and appointment. Donations requested. 722-1497.

**CONCERNED** about your own or another's chemical use? For confidential information and assistance, call Peg Mold, 8155.

**FABIAN** - Happy Birthday!


**ARE** you a compulsive eater? Call Student Health Clinic, 8155, for help.

**GIRLS**, get your poodle skirts, pony tails & bobby socks ready. Guys, get the grease & leather jackets ready for 1st Street Gang's "Greaser" Friday, Feb. 6 at the Casa de Roma.

# 1st Street Gang's 17th Annual GREASER

Fri., April 18th at the Rear Entry of the Casa de Roma  
Time: 8:30 - 1:00

- \$4 cover at the door (includes all the beverages you can drink).
- Special 50's music
- Dance Contest: Prizes
- Professional D.J.
- Limbo Contest
- ID required



SO YOU'RE GONNA BOP WITH BETTY LOU

## col•lege stu•dent, n.

1. any person who studies, investigates, or carefully examines the hot specials at Lake Aire Bottle Shoppe.

Check us out for Red Hot  
12 pack prices

Cold Kegs available  
Special Export Budweiser  
Blatz Pabst  
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**LAKE AIRE BOTTLE SHOPPE**

2416 London Road  
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## Robin Hood LOUNGE

**WEDNESDAY IS HUMP NIGHT**  
12 oz. Frosted Steins Always Served!

Free Board Games to use on request



50¢ Tap Beer

-Cards  
-Trivial Pursuit  
-Chess  
-Backgammon, etc!

**Robin Hood Lounge**  
Miller Hill Mall

722-1447

## Mont du Lac Ski Area

**\$2.00 Night Skiing**  
6 Nights a Week  
Monday - Saturday

2 for \$1.00 on tap  
636-3738

10 minutes West of West Duluth on Highway 23

## THERE'S AN ARMY OF CHOICES OUT THERE.

It's not easy. Sometimes the number of choices you have seems mind-boggling. But sometimes, when you know what you want, freedom of choice is a great thing. Look at today's Army.

There's the Active Army and the Army Reserve. If you qualify for Active, you serve 2-4 years, choose from over 300 skills to train in, and in over 80 of those skills you could be eligible for up to \$25,200 in college money.

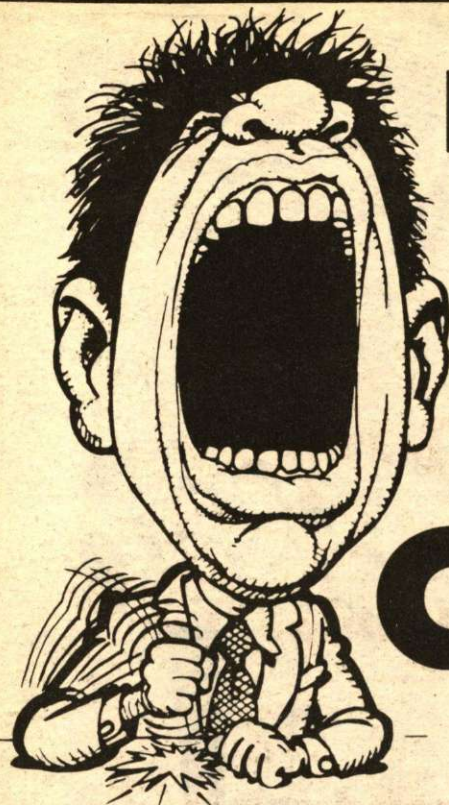
If you already have a job or are in school, consider the Army Reserve. All it takes is one weekend a month and two weeks a year. Plus, you'll learn a useful skill and earn over \$1,200 a year.

Both choices give you career experience, physical conditioning, new friends, good pay, and a chance to serve your country. It's all up to you. Call your local Army Recruiter.

**722-7832**

**ARMY. BE ALL YOU CAN BE.**





I'm  
gonna  
do  
**something  
CRAZY!**



When you feel like doing something crazy, DO IT! Just collect 5 proof of purchase stamps from Zippy's pizza delivery boxes. Or, if you just can't wait, you can buy one for the ridiculous price of only \$4.99.

I'll give you a  
**FREE T-shirt!**



**728-4411**

**30 minutes or FREE!**

**ZIPPY'S / PIZZA EXPRESS**

# SPRING BREAK TRIPS

**February 27 - March 8**

outdoor  
program

**-Backpacking - Utah, Canyonlands - \$265**

**-Telemark/Ski Mountaineering - Colorado - \$265**

**-Winter Trek - Minnesota Boundary Waters - \$135**

All trips include food, transportation, instruction and group equipment. Register at the Kirby Ticket Office before February 20th. For more information, stop by the Outdoor Program Office in Kirby Activity Center or call 726-7169.



# APO journeys to Texas for convention

**Paul Stegman**  
Staff Writer

It takes place every two years during the week between Christmas and New Year's -- the Alpha Phi Omega National Service Fraternity National Convention.

It is a time for the 310 active chapters to attend seminars and exchange the successes and share the failures of the last two years. This year it took place from December 27-30, at the Hyatt Regency Hotel, in Houston, Texas. Over 1,500 members from all over the country attended, about half of that number being female. That number included 23 active, inactive and alumni members from UMD.

Alpha Phi Omega is one of the two national service organizations on campus, the other being Circle K. Circle K is sponsored by the Kiwanis organization.

Nu Mu chapter -- our APO chapter in Duluth, was started over 26 years ago by such distinguished people as UMD biology professor Stephen Hedman, a charter member. Throughout the years, their numbers have also included

such respected members of the UMD community as Joe Michela, Jay Halling and Harry Kase, all of UMD Auxiliary Services. John Brostrom of the Financial Aid office and Neale Roth of the Kirby Student Center are also Alpha Phi alumni.

The members of Nu Mu chapter rented two motor homes with \$300 from S.A. Loans and Grants, and started their trek in Duluth on December 26, picking up most of their members in the Twin



Cities. After almost a full 24 hours on the road, they reached their destination.

Dan Margo, an alumni member and medical student who attended the trip, said the national convention was, "...an excellent opportunity for the Duluth members to learn new leadership and organizational

skills from members from all over the country."

The convention offered over 20 different seminars and forums. They ranged from "Starting an Alumni Association" and "Chapters Organizations" to "Drug and Alcohol Abuse" and "Personal Financial Planning." When member Jeff Packer was asked what he thought of the seminars, he stated, "The seminars I attended were full of valuable information that I was able to bring back to campus."

They also had two members who acted as voting delegates, working on the national by-laws. Dan Dawson, one of the voting delegates, said, "This year we reaffirmed that the national organization is against any form of hazing." This standard is followed by the Duluth Chapter.

"The thing I found most amazing is that when you are a member of Alpha Phi Omega and you go to a convention, you are instantly friends with over 1,000 other people that you have just met. We all have that much in common," was the greatest discovery of former local president Robbie Couliar.



Photo • John Dowd

Alumni Todd White's date whispers the secrets of success into his ear at a recent Alpha Phi Omega convention in Houston.

It should be noted that APO as a national chapter does many admirable things. The past president of the national did not gain re-election, but during his term his traveling expenses, which all come from his own pocket, totaled over \$20,000. There are not many volunteer positions important

enough for people to make this kind of sacrifice. The organization is strong and strives for excellence and to help people.

Duluth's APO chapter is involved in several outstanding service programs in the Duluth

APO to 2C

## The Big Picture...

### Star Trek IV, the Voyage Home

**Alison Ege**  
Staff Writer

Finally -- four weeks after its opening in most major cities -- "Star Trek IV, the Voyage Home" made it to the big screen of Duluth. Too long a wait for this Trekkie treat.

What I had heard described time and again as the most "human" of the Star Trek films is that and more -- it's also the most fun "Star Trek" movie made to date, and it presents a whole new look at the old Enterprise gang.

All the regulars are back (William Shatner as Admiral Kirk, Leonard Nimoy as Spock, DeForest Kelly as McCoy), dressed even flashier than before. The usually minor parts of Uhura (Nichelle Nichols), Chekov (Walter Koenig) and Scotty (James Doohan) are meatier in this voyage.

Returning to Earth in the Kingon vessel the Bounty (after the destruction of the Enterprise in "Star Trek III"), the crew encounters an unidentifiable probe which has just annihilated a major starship and is headed toward Earth. Spock identifies the probe's

strange sounds as the singing of humpback whales. The probe's mission is to communicate with these whales, known only to Earth and extinct there since the 21st century. As the probe reaches Earth and begins to ionize the atmosphere, Kirk realizes that the planet is in big trouble.

Answer -- time warp, a concept used creatively in more than one episode of the "Star Trek" series. Time travel always brought the Enterprise crew some interesting adventures, but none more entertaining than this -- San Francisco in the 1980s. There, Kirk and Spock track down George and Gracie, two humpback whales kept at the Cetacean Institute. Kirk falls for a spunky marine biologist (Catherine Hicks, also seen recently in "Peggy Sue Got Married") who really cares about these whales. Will she allow them to be taken to the future to save the world?

On the streets of 20th century California, the Enterprise staff is quite a motley crew. They're out of their element, and even

Movies to 6C



File Photo

Terry Drahos, Deborah Balsaitis and Erin J. O'Brien star in a scene from "Suddenly Last Summer."

### Suddenly Last Summer

UMD Theatre will present "Suddenly Last Summer" Feb. 3-8 in the UMD Marshall Performing Arts Center. Curtain time is 8 p.m. A matinee performance is scheduled at 2 p.m. Feb. 8.

"Suddenly" tells the story of Catherine Holly, the sole witness to the mysterious and shocking death of her cousin Sebastian. Intensely interested in securing her denial of the lurid tale and suppressing the truth of what really happened that day, Catherine's family has her incarcerated in a mental institution until she concedes to their wishes.

"This Tennessee Williams' story of a search for truth in a brutal world," said director Nancy Erhard, assistant professor of theatre at UMD.

The cast includes Melissa Beneke, Terry Drahos, Marianne Fieber, Steven Sweere, Erin J. O'Brien, and Deborah Balsaitis.

Tickets are \$5.50 for general admission, \$4.50 for senior citizens and students, and \$2.50 for UMD winter students with proper identification.

Reservations are being accepted now at the Marshall Box Office, 726-8561.





# Much Ado

Kris Vickerman

**W**ell, it's here again. Yep -- the cold and flu season. The season that makes people like me wonder what made me decide to go to college in Duluth. I could have chosen almost anywhere (anywhere, that is, that would accept me) in the world and yet I chose quite possibly THE single most frozen city in the United States. Why I did this when there are places like the University of Hawaii out there, will remain a mystery that is entirely beyond me.

Every winter I suffer. It is an inevitable fact. I am usually clued to the beginning of my illness when I start really paying attention to all those commercials that advertise cold medicine products. Is there really a difference? Should I treat all my symptoms separately or should I just buy one big wicked bottle of Nyquil and cure everything?

This year I thought perhaps I got lucky, for it was already mid-December and I could still breathe through my nose. And then it happened. First I got a slight headache. Then my head began to feel as if there was a balloon inside, swelling beyond comprehension. Then I got the usual aches, the runny nose, the stuffy nose, the coughing, the sore throat, the swollen

glands, the congestion, and the endless desire to sleep. Suddenly Puffs became my best friend.

To think what our technology can do for us today and there STILL isn't a cure for the common cold!

Oh, sure, there's medicine you can take to "help," but my question is this: What does it REALLY do? You have to watch out what you take, believe me. Beware of Benylin cough syrup. That stuff is deadly. True, you WON'T cough all night, but you won't function the whole next day either. And so many medicine labels lie.

Take Su-su-sudafed for instance. Sudafed claims that it does not cause drowsiness. I took it once before class and once that stuff kicked in, I was out for hours. My friend told me later that my professor repeated a question three times to me before my friend finally told her, "Excuse me, Ma'am but I believe her Sudafed just kicked in."

And then there's the problem of communication. I don't know about you, but I HATE talking to people when I have a cold. First of all, my mouth is usually full of canker sores, so it hurts to talk. Secondly, no one can understand a word I say. Ever try to say such words as "Mnemonic" or "enemy" when you have a stuffed up

nose? There is no difference between your "m's" and your "n's" and you wind up repeating everything three times, which only results in your frustration.

The other big problem is the ever-running nose, alias "The Faucet." Why is it that when your nose is truly runny in the worst way you're always in class and it's always in the middle of a test. You have enough stuff to worry about, but no, your nose just isn't going to give you a break today. Finally, you get out your Kleenex, and then you have to decide: should you blow your nose and totally gross everybody out or should you just wipe whatever is running down your face? If you wipe, it'll just keep running, but if you blow, everyone will hear you and think you're disgusting. You can't help it, you reason. It's not your fault you caught this stupid cold. And then you must endure the feeling of everyone's eyes upon you as you sound like an elephant mating call.

I happened to get sick over Christmas vacation, so I am a wee bit confused at this point. My confusion stems from the uncertainty of whether my dog got me sick or I got my dog sick. I remember cuddling close to Magic's muzzle, whispering sweet things in her furry ear. And then, right in the midst of telling her she was the best doggie in the world, she sneezed. Right in my face. It was like an explosion. It was gross. And yes, my mouth was wide open. The next day we had company. As my family walked our guests into the front hallway to say our

farewells, as all perfect hosts will do. Magic thought she had to throw up. That's right. In front of everyone. In the middle of the conversation. I really hate it when that happens.

The only good thing about taking cold medicine is how truly mellow one becomes. Or should I say incoherent? I had a date over vacation and right before I left, I made the mistake of taking some Co-Tylenol. Later, I read the box, which stated specifically NOT to operate any motorized vehicle (why can't they just say "don't drive your car?") or consume alcoholic beverages.

Well, I guess one word could sum up the evening: "oops." I couldn't help breaking the first rule -- I had to drive to meet the guy. And the second rule just sort of slipped. Half-way through my first beer I was slurring my words and blowing out the romantic candles placed our table with every breath. Oh, I had a gay 'ol time. I wasn't nervous at all. Never mind the fact that I passed out in my tuna salad. It really wasn't that big of a deal.

The other really good thing about colds and flu is that they eventually go away. I hope. And next year, instead of suffering again, maybe I should just apply to the University of Hawaii after all. God Bless you!

Vickerman is a sophomore communication major from Orono, MN.

## Crossword

- 1 Davis Cup coach
- 5 Reese
- 10 Heat
- 15 Isolated rock
- 19 Legume
- 20 Basketry twig
- 21 Mushroom caps
- 22 Large kangaroo
- 23 Shows anger over
- 25 Ascetics' garb
- 27 Rowboat hardware
- 28 Shucks
- 30 Siouan people
- 31 Caustic
- 32 Harangue
- 33 "The — love..."
- 34 E. African capital
- 37 Macao coin
- 38 Be in debt
- 39 Review briefly
- 41 Proclamations
- 44 Stripe: Fr.
- 46 Silk and gold
- 48 Pancho of tennis
- 49 Revenue sources for NBC
- 50 Egyptian cotton
- 51 Booboo
- 52 Dental deg.
- 53 Always, poetically
- 54 Tormentor
- 56 Pinch pennies
- 58 Garland
- 59 Charles's canine
- 60 Near the center
- 61 Kind of garden
- 62 Transgressor
- 64 Wine brandy
- 66 Solves
- 68 Star exudate

- 72 Derides
- 74 Seethe
- 75 Qum native
- 76 Hemispherical roof
- 79 Table trim
- 80 Irene of "Roberta"
- 81 Remain home
- 82 Collection
- 83 Cook's measure
- 84 Niger's neighbor
- 85 Thirst quencher
- 86 School for future Its.
- 87 Coypu fur
- 89 Tunnel complex
- 92 Uninhibited
- 93 Mountain climb
- 94 Nutritionist's concern
- 95 Spotted cube

- 96 Obsession
- 97 Star who has lost luster
- 99 Norse poem
- 101 Blue river of song
- 104 The works
- 106 Millenium
- 107 Star in Draco
- 108 Star in Scorpius
- 109 Barracks repository
- 113 Endangered species
- 115 Foot feature
- 116 Instant
- 117 Sound from the fold
- 118 Smooth-breathing
- 119 Leaf collector
- 120 Rhubarb
- 121 Bridge contracts
- 122 Needle features

### DOWN

- 24 Bustle
- 26 Like an anorak
- 29 At sixes and sevens
- 33 Symbol of wisdom
- 34 Ingenuous person
- 35 Sothern
- 36 Magnanimous
- 38 Symbol of strength
- 40 Menu item
- 42 Weight allowance
- 43 Eleanor's mother-in-law
- 44 Virus disease-related
- 45 Hersey's bell town
- 46 Roadhouse
- 47 "I want —..."
- 50 Glacier mass
- 52 Chess pieces
- 55 All nerves

- 56 By-pass
- 57 Murray name-sakes
- 58 Stocking thread
- 59 Macaw
- 62 Swindle, colloquially
- 63 Uppercrust
- 65 Footwear for a soldier
- 67 Of a certain solid
- 69 Boston ex-politico
- 70 In reserve
- 71 Salon service
- 73 Ethiopian title
- 76 Actor Andrews
- 77 Stigma
- 78 Old musket
- 80 1492, for one
- 81 Campus org. of the 1960's
- 83 December glitter
- 84 Most
- important
- 85 White House diminutive
- 88 Cartoonist Gardner
- 89 B-F link
- 90 Character
- 91 Woody's star
- 92 Maneuver
- 96 Adios
- 98 Liquid for la plume
- 100 Eddie of tennis
- 101 Plankton snarers
- 102 Designer Geoffrey
- 103 Curves
- 104 Way off
- 105 Tree snake
- 107 Mars: Prefix
- 108 Smith or Bede
- 110 Title starter
- 111 Young cat
- 112 Outside: Prefix
- 114 Peaceful place

Answers to today's puzzle can be found on 6C.

### APO from 1C

community. This includes the UMD Escort Service, run by Myron M. Jacobson; the standing involvement with the FBA--Friendship and Brotherhood Association, which works with fatherless boys in Duluth



Photo • John Dowd

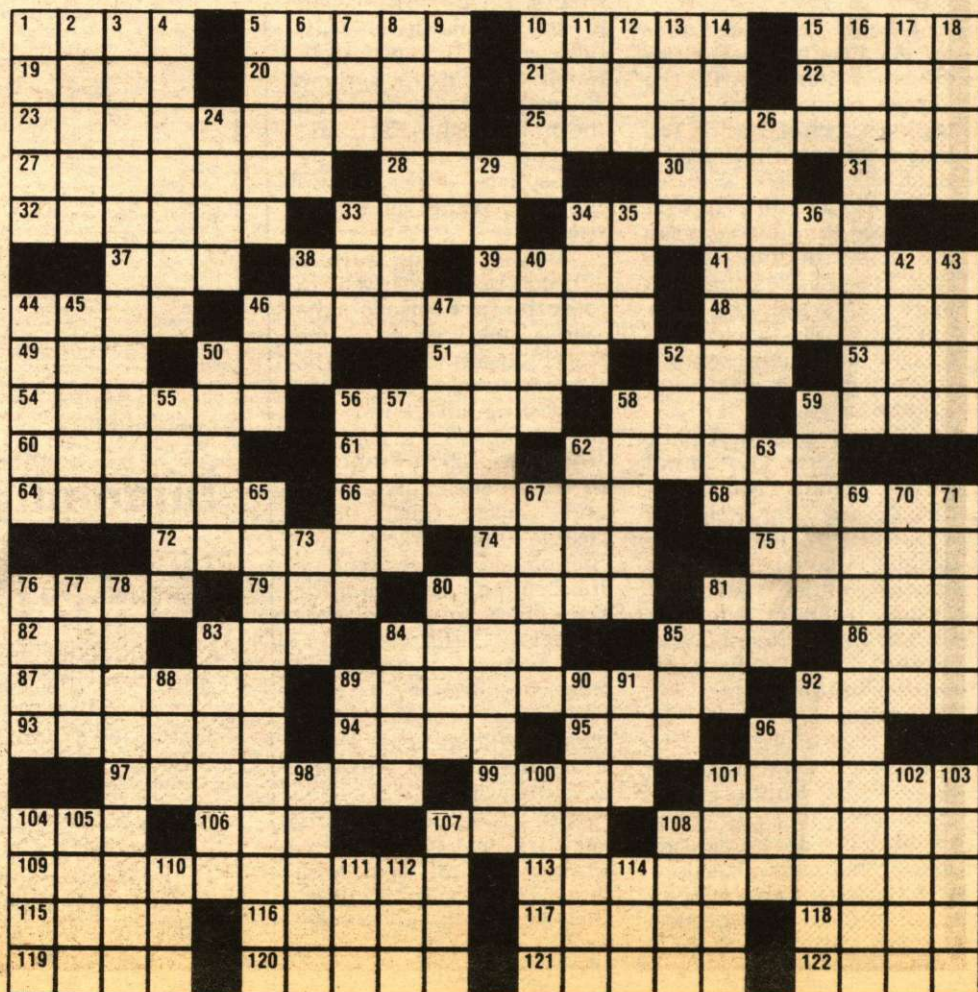
Senior Scott Knutson found alternate transportation for the route to Houston.

--led by Jeffrey Packer; their miscellaneous service projects run by Scott Knutson; and Fall Quarter's Student Book Exchange, organized by Thomas Emery Elbert.

The Duluth chapter also started the Dry Wednesday movement, which encourages people to abstain from alcohol for a 24-hour period one Wednesday a year. This is a movement that is sweeping the country. Gov. Rudy Perpich declared it a statewide event last year and the national movement is being led by other APO chapters around the country.

Though the Duluth chapter of APO is known locally for its successes in their service goals, the members do seem to have fun, too.

If you would like to join an organization with a reputation for doing plenty of good service work on campus and in the community but still has a good time, you should consider APO. They are starting a membership drive in Kirby soon, so watch the halls.







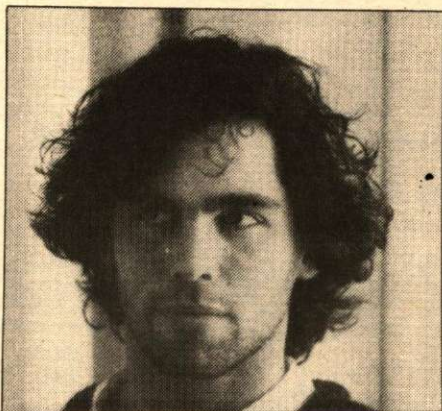
## Addicted to Style

Judy McDonald

**L**et's whip out the old photo albums and take a gander at our first grade pictures. I don't know about you ladies, but the Pixie seemed to be THE hairstyle in my class. I often found myself wanting to grab the veil off of Sister Emmanuel's head just so I could pretend I had long hair.

What's the first thing that comes to your mind when I say Don King? Hair first and the law of gravity second, right? Hair is so powerful it can make or break first impressions. You want a hairstyle that fits your lifestyle and accents your physical assets. This week's column is the first in a two-part series on hair. We'll deal with the men first and give the ladies a chance to relax and smell the roses.

The most successful cut is one that works best with a man's facial features and body type. Note your height, weight, and also the shape of your face, whether it is round, oval, square, etc. It is very important to balance it all out.



**DO:** John Gerber illustrates the unkempt rugged look often seen in Europe. However, I do not advise every outdoorsman to attempt John's hairstyle. One must have the right facial features.

However, before you pick up the phone to make your next hair appointment, stop and ask yourself, "Am I fully satisfied with my past haircut?" If you found yourself struggling with your hair two days after you had it cut you have not received a good cut. I strongly suggest shopping around for a skillful stylist. The name of the shop isn't going to give you a decent cut, it's the person standing inside holding the scissors. Also a good cut does not require as much care. I recommend Carol Stangler of Edina Hair Design, Sheila Flynn of Avant in Minneapolis, and Tami Walczynski of Rocco Altobelli in Flitger's Mall.

Photos • Curt Carlson

The current trend in men's hair is short on the sides and more volume on top. Tapering the hair at the sides gives a man a clean look and accentuates the eyes and cheekbones. The length on the top gives height and fullness to make a round face appear slimmer.

Don't hide a receding hairline, make the most of it. For a narrow forehead, part your hair lower toward the ears to make your forehead appear wider. If you have a low forehead comb your hair straight back to make your forehead appear higher. And to make a high forehead appear lower you should use an off-center part with a possible trace of hair left on the forehead. A narrow face needs a part that is even with the outside of the eyebrow, straight back or angled from the center of your crown.

Curly hair should be left longer on top and trimmed at the sides. Perhaps try a bit of mousse or gel to emphasize the curls. Work it through your hair squeezing the curls between your fingers without straightening.

For you fellas that are preparing yourself for the business world, take note of a few tips I have provided, so when you look in the mirror for the last



**DO:** Andy Burda brings back the spirit of the 50's with his trendy crew cut.

time before confidently stepping into that all-important interview you can say, "Heavens to Mergatroid, Judy McDonald was right, and I look FANTASTIC."



**DON'T:** By the looks of Richie Kargel's style one couldn't tell if he owned stock in a surfboard company or a horse ranch.

McDonald is a senior communication major from Burnsville (Holy Angels Academy), Minnesota.



**DO:** A definite business do! Bob Revoir displays his conservative, but stylish cut.



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**Fri:** 8-11 25¢ Taps  
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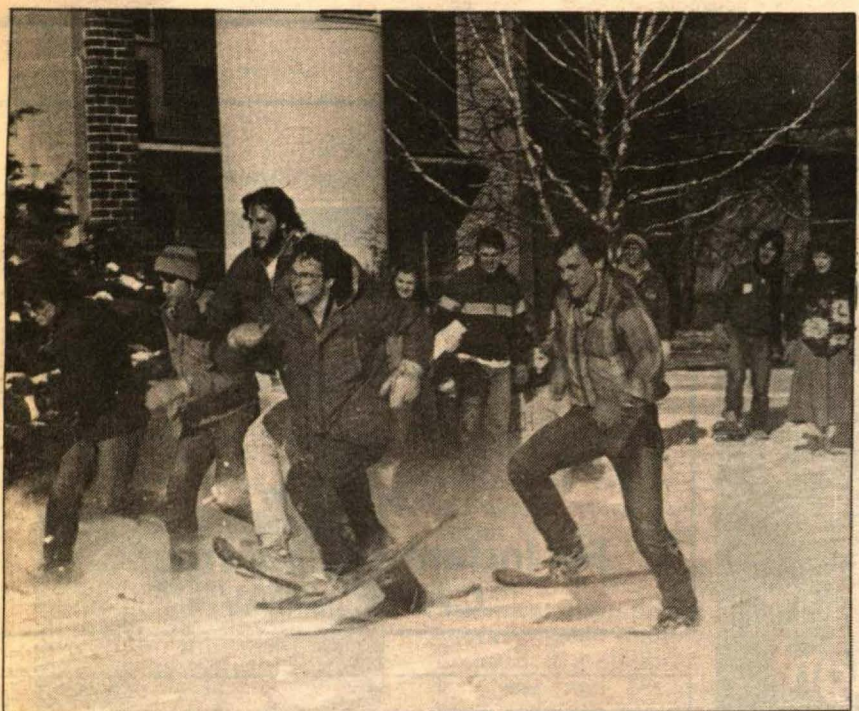
## Extra

# Campus carnival heats up for a 'cool' time



## It's so 'cool' it's 'hot'!

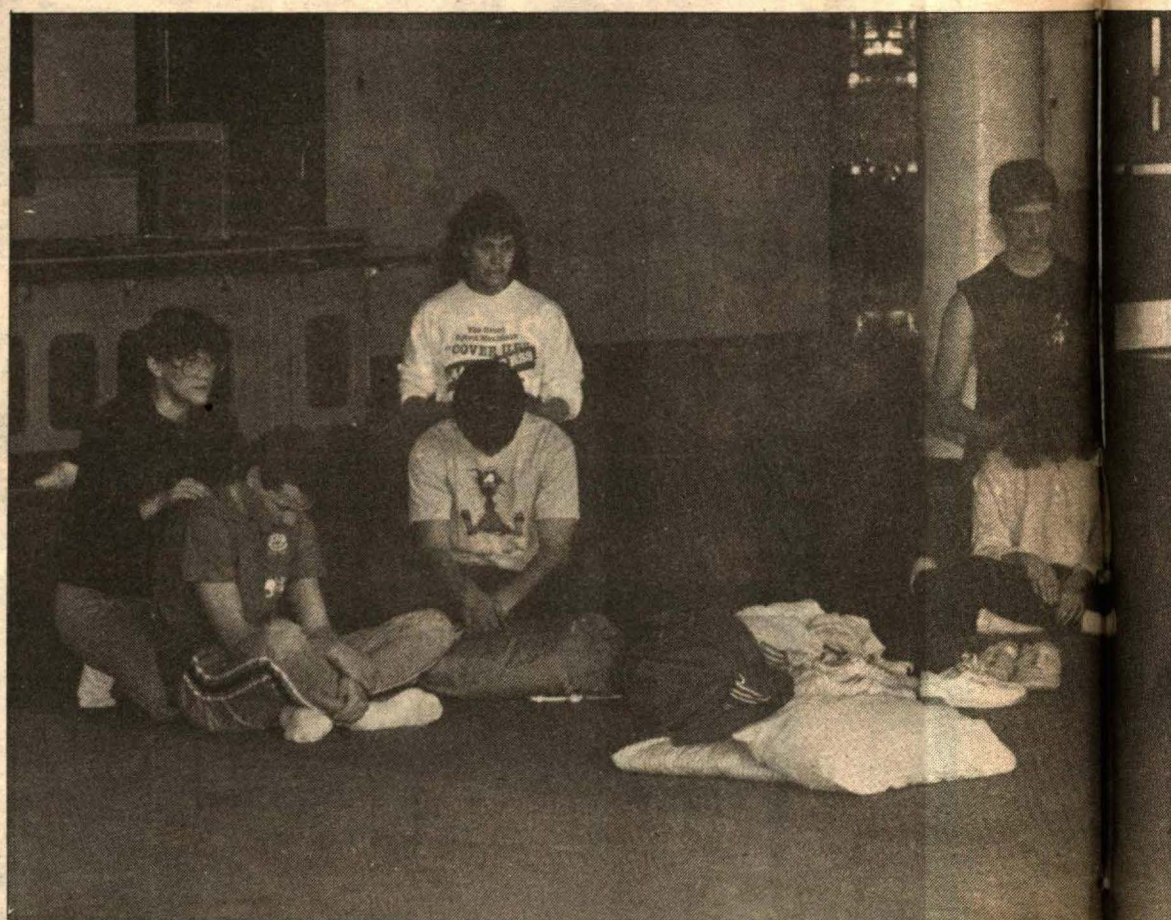
Clockwise from top left: Rodney Raymond and Karen Jespersen are crowned Princess of the Winter Carnival. (L-R) Tom Degree, Jenny Nesberg, Mary Napps, and Jo Schirmers participate in the Snow Volleyball game. James Chamernick, SBE senator in '88, is busy decorating the halls for the carnival. Participants in the Beach Party rally together in a pyramid. The College Bowl, the Varsity Sport of the Mind, entertained students and faculty with trivia questions. (L-R) Maura Danforth, John Halstensgard, Sue Sowreja, Aaron Kite, Brian Olson and Kris Fasching take part in the Massage Therapy Program. Joe Pfahl, Jan Hennen, Gary Irons, Paul Webster and Brad Rosenburger work hard in the Snowshoe Race.



## Feature Writers:

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Curt Carison  
Photos





Movies from 1C

Spock seems, for once, baffled by the language and behavior of the people of this time.

Although it is a bit bizarre to see the "Star Trek" cast, so young on television reruns, still zooming across space and time to save some planet, "The Voyage Home" leaves both fans and non-Trekkies asking "What's next?" in the "Star Trek" saga.

There are flaws, however, in the film, including a couple of scenes in which a hanging mike can be seen. Also, when the "Star Trek" television series dealt with time travel, the importance of not interfering with history was always stressed: "The Voyage Home" totally disregards this philosophy with "what-the-heck" sloppiness.

Best of 1987 -- so far.

Two titles appearing on most big-time critics' "Best of 1986" list are *Crimes of the Heart* and *The Mission*. I'd have to agree that these films are definitely worth a viewing.

*Crimes of the Heart* is playwright Beth Henley's story of three Southern sisters (Diane Keaton, Jessica Lange, and Sissy

Spacek) reuniting after one (Spacek) shoots her husband.

This movie is not for anyone who is uncomfortable listening to self-disclosure; much of the film centers on the McGrath sisters' coming to grips with themselves and their pasts, as well as on the women's attempts at finding a way to face their uncertain futures.

Keaton, with her "strong woman" image, is a little unconvincing as the oldest sister, easily shaken and already a bit eccentric from "old maidhood." Lange plays a woman who left her town to make it big as a singer in California. She is visited by an old love (Sam Shepard is

a charmingly hickish Doc) whom she dumped for her singing career. Spacek gives her funniest performance ever as the suicidal Babe -- a fragile woman always dressed in pink and lace who calmly makes a pitcher of lemonade after shooting her husband.

Some of the script is ludicrous, such as when Lange asks Spacek why she tried to gas herself to death. Babe answers, "I was having a bad day." Well, this is the movies -- who says it has to reflect real life?

On a more serious theme is *The Mission*, a story of 18th-century Jesuit priests in South America.

Jeremy Irons is the

devoted missionary who goes to convert a village of Spanish-American Indians after the martyrdom of one of his co-workers. Irons is up for Best Actor for this role. Robert DeNiro is a mercenary/slave-trader turned priest.

It is unclear whether or not the Indians really want the missionaries there at all,

but the Jesuits are determined to stick by them, even into war against two governments.

Far be it from me to disagree with Siskel and Ebert. In the "Best of 1986" categories in most cities, these films will begin my list of "Must-See Movies of 1987" in Duluth.



ANSWER TO TODAY'S PUZZLE

A	S	H	E		D	E	L	L	A		S	C	A	L	D		S	C	A	R
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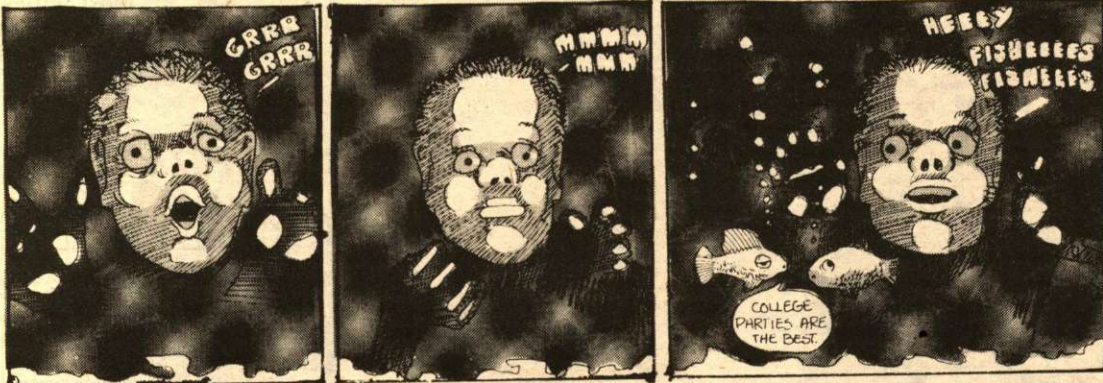
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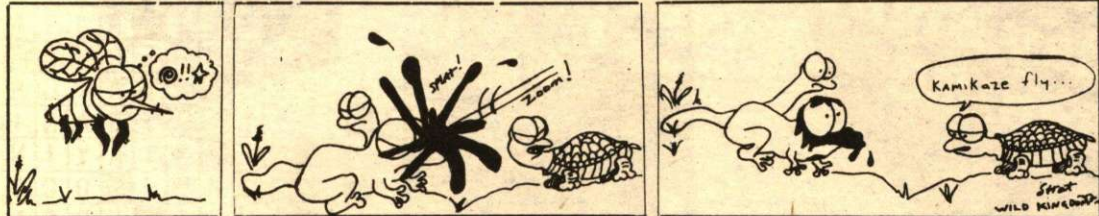


# Humor

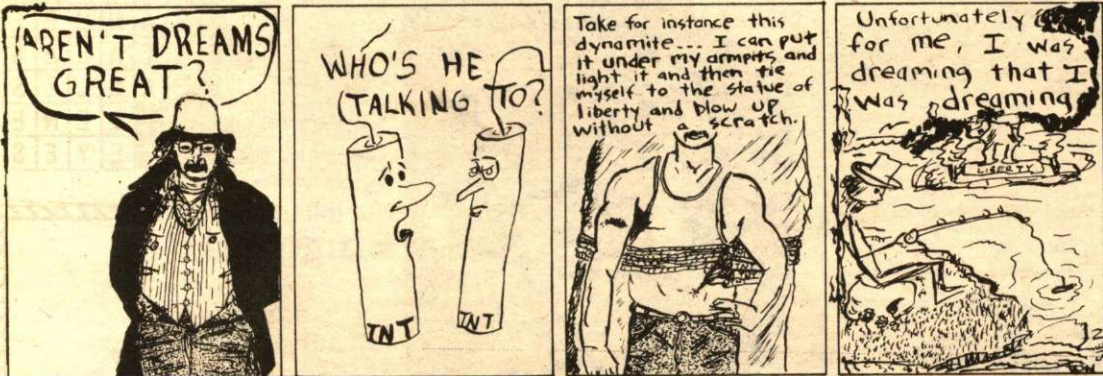
## BAD DREAMS • JON GODFREY



## LD KINGDOM • PAT STRATIOTI



## ALTERED STATES • PETE VON SIEN



## HI-TEK • JOSEPH PILLSBURY



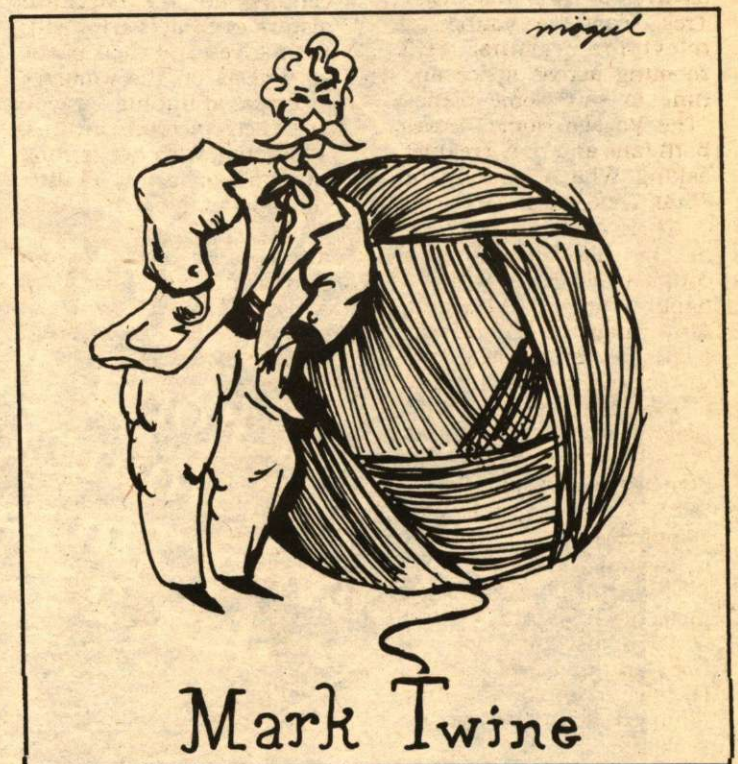
## WEIRD HOUSE • JOSEPH PFAHL



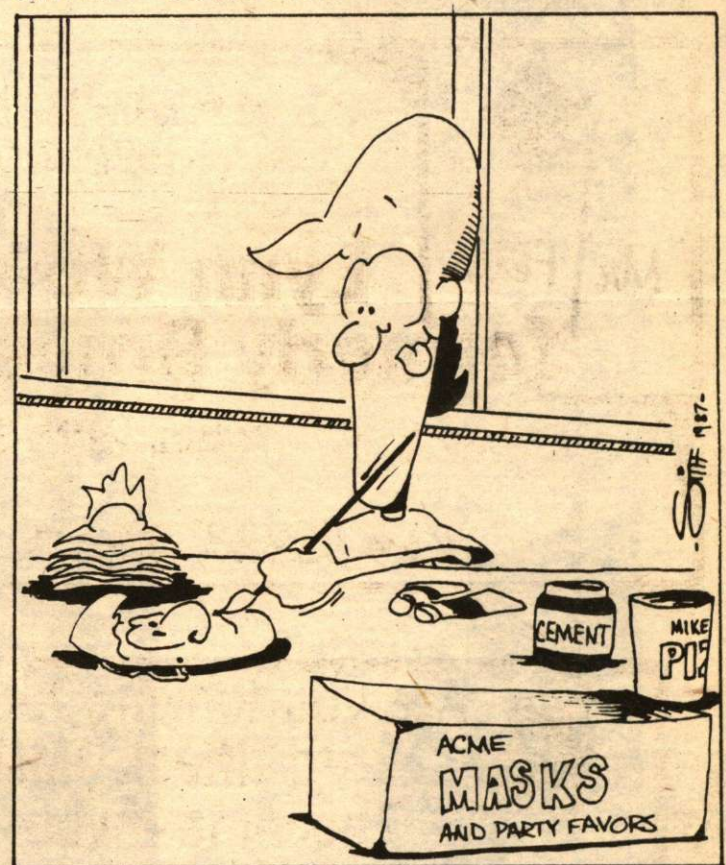
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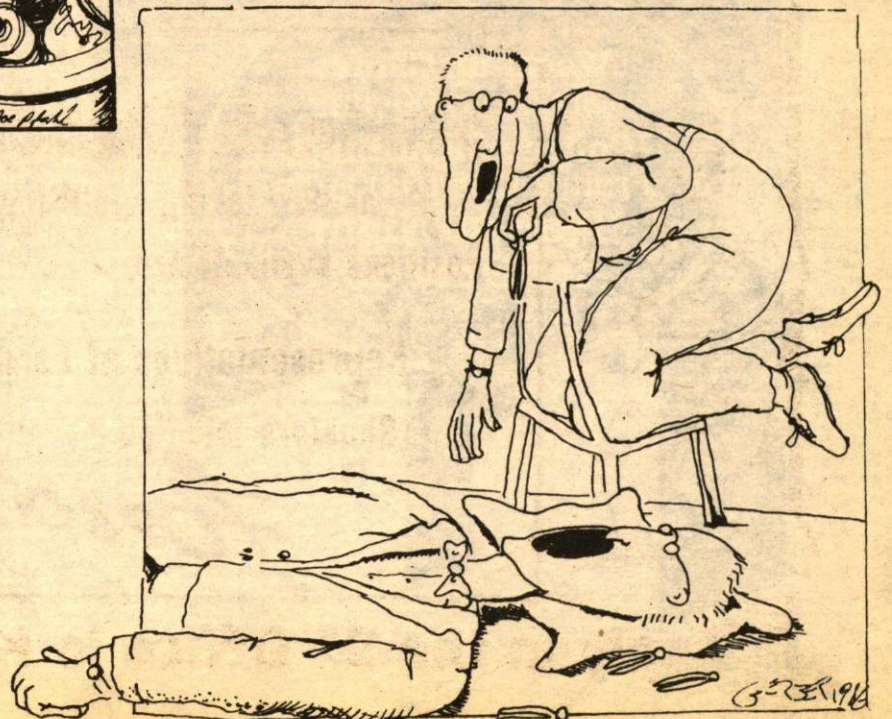


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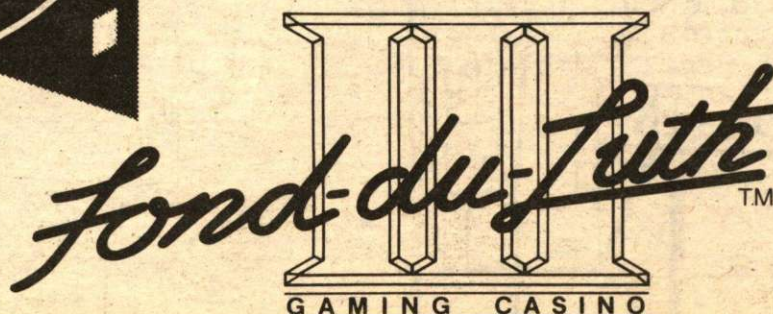
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